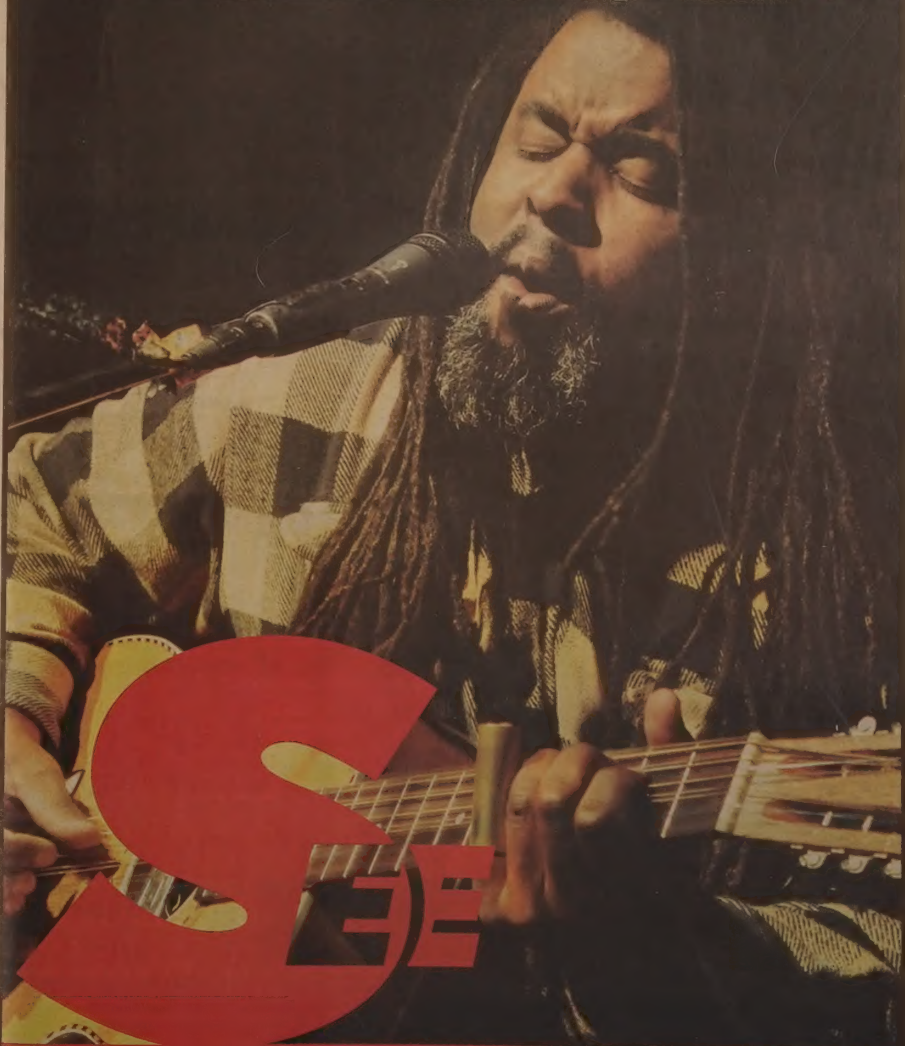


**What Happened to Benito's Big Promise? 3**



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8

## EDMONTON'S GOT THE WINTER BLUES

With performers like Alvin Youngblood Hart (cover) we're pretty thrilled we've got the winter blues. Ba-de-ba-duh-dum.

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POINT-OF-VIEW: POLITICS

# Whatever Happened To The Benito Foundation



OUTSIDE POLITICS MAURICE TOUGAS

**A MILL WOODS PC MLA MADE A BOLD ELECTION PROMISE. TODAY, HE'S DODGING QUESTIONS ABOUT HIS 'FOUNDATION'**

## Thank you.

I arrived in Alberta on March 17, 1982 with only \$100 in my pocket. After working for 21 years in real estate, I became very successful and was inducted to the Century 21 Real Estate Hall of Fame. I also became a member of its Honor Society.

If elected as a Member of the Legislative Assembly (MLA) for Alberta, I will donate my MLA salary as a scholarship to young people in Mill Woods... because I am a strong believer in giving back to the community.

Please help me make this happen and make Mill Woods a better community.

"Our goal is for Alberta to continue to be the best place in North America to live, work, and raise a family."  
Ed Stelmach  
Premier & Leader of PC Alberta

"Please Vote for CARL BENITO."  
Terry Cavanagh  
Former Councillor, Mill Woods



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www.CarlBenitoForMLA.com

ElectCarlBenito@gmail.com

Carl Benito campaign literature, supplied to SEE from a constituent, that contains his scholarship promise.

**BENITO'S ASSISTANT SAYS HIS SALARY IS A CONFIDENTIAL MATTER. UH, NO, IT'S NOT.**

### NEWS BULLETIN: LOCAL POLITICIAN BREAKS PROMISE.

I hear what you're saying — this is news? Well, yes and no. Politicians make big picture promises all the time (improve the economy, make your life better, etc.) that they fail to keep. But when a politician makes a very specific, very bold promise that he fails to keep, yeah, that's news.

Carl Benito is an obscure backbench PC MLA from Edmonton-Mill Woods. Since the 2008 election, Benito has excelled at asking the most shamefaced, puffball questions of any government MLA. After nearly two years as an MLA, it's his greatest accomplishment.

Normally, obscure backbench MLAs are of little interest to me. The Tories are knee deep in barely sentient beings drawing hefty MLA salaries. But Benito made a promise to voters in 2008 that, as far as I can tell, he has not kept. And this promise was a whopper. Let me quote directly from Carl Benito's campaign literature from the March 2008 election (all the capitalizations are his):

"With a strong belief in the importance of Education, Carl's personal pledge is to DONATE the salary allocated for this MLAs position to a Scholarship Foundation/Program to provide opportunities to our Youth with financial limitations who has the passion and determination to pursue higher education."

Well, that's quite a pledge. That kind of promise might be just enough to tip the scales in a close election.

A while back, I started hearing complaints that Benito's scholarship foundation was ... how shall I put this? ... not yet operative. So I asked SEE reporter Andrew Paul to put in a call to Benito to enquire about the status of the scholarship foundation.

Andrew had a surprisingly hard time getting in touch with Benito. In fact, after making multiple calls, the closest Andrew got to talking to Benito were multiple conversations with his constituency office manager (When I was an MLA, practically the first thing we learned was to answer a call from the media, immediately).

I got the impression that we might be getting the freeze out by Benito, so I enlisted the aid of a Mill Woods constituent. The constituent didn't get to talk to Benito either (to blow off a constituent is unparliamentary politics, by the way), but someone as his office claimed that Benito had given out 14 "scholarships", worth between \$500 to \$1,000 each. So that's at best \$14,000. A handful of token awards hardly qualifies as a scholarship foundation, but let's give Benito the benefit of the doubt.

So we tried to get in touch with Benito again, but this time his office fumbles came up with a new one — submitting the questions in writing. This is total crap and something we never do, but I figured it was as close as we could get to an interview with the great man, so we grudgingly agreed.

In the fund, what was his MLA salary, how many scholarships had been handed out and to whom, and how much did they receive. We also asked that if the fund hadn't been set up, was he still planning on fulfilling his campaign promise, and when could his constituents expect it to happen.

Well, another week went by, and no response. I had Andrew send another e-mail, telling Benito that he hadn't answer the questions, we would go with what we had. The response (from his office assistant, again) was quite remarkable.

The assistant attached a speech Benito made at an event modestly titled "Carl Benito's Awards of Excellence" that the assistant said would answer most of our questions. It answered none.

The speech was the usual "children are our future" tripe never mentioned his alleged "foundation". Eight "scholarship grants" were handed out, for an unspecified amount of money, with no names of the recipients mentioned. Benito's office sent pair of photos from the event to us showed recipients holding certificates that cited the "Carl M. Benito Scholarship Foundation", yet the cheques presented to the students (clearly visible in the photos) came from Benito's personal chequing account, with "Awards of Excellence" written on the memo line. Seems to me that if there really was a "Carl M. Benito Scholarship Foundation", cheques would have been written on the foundation's account.

And as for our question about how much money Benito made as an MLA, his assistant wrote salary is a "confidential" matter.

Uh, no, it's not. For the record, in the year ending March 31, 2009, Carl Benito made \$52,092 in taxable income, \$26,046 in income that is not subject to tax, a \$10,000 RRSP allowance, \$22,000 for serving on standing committees, \$11,000 for serving on policy field committees, and \$12,000 for serving on cabinet policy committees. Not including \$9,172 in benefits, Carl Benito made a salary of \$33,138 in 2009. We can safely assume that he will pull down the same amount in 2010, which means if Benito donated his MLA salary into a scholarship foundation, that foundation should have, even subtracting taxes, between \$150,000 and \$200,000 in it.

So, after two years, there is no evidence of a scholarship foundation, and Benito refuses to answer questions about it. It is inconceivable that a grandstanding politician like Benito he would have established a "foundation" with his MLA salary that should have more than six figures in it and not trumpet it repeatedly to the community. If I were in his position, everybody in Edmonton would know about it. But instead, he dodges media inquiries, refuses to answer straightforward questions, and tries to fob off a few cheques as a "foundation".

Or, maybe I'm wrong. If only Carl M. Benito ever does return our calls, we'll let you know what he says.

mauricetougas@live.com



# Pity The Cities



Breton mayor Darren Aldous (left) greets city councillor Don Iverson. PHOTO BY KARIN LOCKE

## MUNICIPALITIES WANT A SEAT AT THE ADULT'S TABLE

BY ANDREW PAUL

Archaic laws and bankrupt language are killing Alberta's municipalities.

That was the message delivered by city Coun. Don Iverson and Darren Aldous, president of the Alberta Urban Municipalities Association, during a speaking engagement Feb. 19 called titled Going for Broke: Alberta Municipalities in Crisis.

Both men called for a constitutional accord on local government to help municipalities provide services to their residents in a viable way.

"We can solve aboriginal self-government and municipal self-government in one blow by recognizing that local government is the closest to the people, most in touch with their needs, and in the best position to respond to their day-to-day issues," Iverson said.

"In Alberta municipalities are still really far down the totem pole on our autonomy on things like tax policy, and in terms of our autonomy to spend grant dollars, and so on and so forth."

As mayor of Breton, a small community about an hour southwest of

Edmonton, Aldous is all too familiar with the miserable situations small communities face. When he was elected in 1992, Breton collected about \$350,000 in taxes from its 600 citizens. Half of that went to paying down the village's debt, before any money was spent on services to the community.

Iverson says that the most unbalanced equation in municipal politics is citizens' expectations versus municipal resources.

Iverson and Aldous agree that it isn't fair to simply raise taxes to cover the cost of services provided to residents. Instead, Aldous says that municipalities need to band together for survival, and discuss regional cost sharing strategies for services.

But don't confuse his idea for regionalized government. He says that there is no proof that regionalized government is more efficient or cost effective. "However, regionalized services where there's negotiation, compromise and trust between municipalities where they can start working together on service provision is the key," says Aldous.

The event was presented by InterVivos, an Edmonton-based mentorship and leadership organization.

## FEATURE • EDUCATION

# The Most Delicate Topic

## EDUCATOR AIMS TO BREAK DOWN THE WALLS SURROUNDING THE STILL TABOO TOPIC OF SEX ED

BY CURTIS WRIGHT

In this Internet era, the most easily accessed and most unreliable form of sex education probably comes from Google searches. Chances are you weren't having deep, meaningful conversations about sex with your parents and, unfortunately, sex education in many high schools was a distant afterthought for decades.

Dr. Brian Parker dedicates his career to breaking these walls down and facilitating sexual education in a healthy and exciting way. His work in various capacities serves as a vehicle for empowering individual and couple sexuality, while doing so in an informative and positive method.

Parker realized his true calling in a class during his undergrad years at the University of Alberta.

"I didn't know how to go about knowing more about sexuality or maybe doing it as a career," Parker says. "I stuck out my undergrad and looked into grad schools for sexuality. Usually, like other university students, I dreaded the 8 a.m. class — but there was this one class that made me get up and attend. It dealt with sexuality and throughout the rest of my bachelor of science work, but I incorporated it into any course material — whether that was writing papers or doing research."

While attending the U of A, and for a time after, he was a professional model — including a four-year stint in Asia where it was his full-time job. "I wanted to use my brain and have intellectual stimulation. Modelling wasn't doing that for me," he laughs.

Parker completed his PhD and education doctorate at The Institute for Advanced Study of Human Sexuality in San Francisco, and began working out of Options Sexual Health Agency (formerly Planned Parenthood Edmonton) immediately after graduation and continues there today as a sex educator and sexual counsellor. With this position, Parker facilitates large groups at Edmonton and area schools and teaches sexual health education to thousands of students — Options educated more than 11,000 students in 2009 alone. Along with this, Parker is a local expert in sexuality — he started and maintains ForeverPleasure.com, a website dedicated to healthy sexuality. Parker has much to say about the state of sexuality in Alberta.

"The reason I really wanted to do this is because as a youth I did not feel empowered," Parker says. "All I felt was guilt or shame about sex and that guilt and shame was really powerful. When I worked through those things, I became cool with sex and sexuality. The reason I wanted to become a sex educator is because I didn't want other youth feel guilty about sex. Unfortunately parents don't talk about sex very often and it gives the sense that we're not supposed to talk about it. This carries on into our relationships and our friendships. This is not the best thing. Making people feel empowered and secure in their sexuality has always been the driving force."

Sexual information, Parker says, doesn't have to be awkward, but regrettably for some, embarrassment can create more problems than necessary. He feels that the truest form of sexual education comes from creating a safe, positive environment.



Dr. Brian Parker | PHOTO SUPPLIED

"Sex education depends mostly on the material we're allowed to teach and what kind of material the individual that is teaching it is going to give. What we do at Options is comprehensive-based education. Obviously we talk about abstinence, but we realize that a lot of youth and adults are going to be sexually active, so we have to use other forms of education as well. We talk about other methods of birth control as well — whether that is condoms or hormonal methods."

"I often talk about a sex positive approach, compared to a sex negative approach. A sex negative approach when we discuss something like sexual education is saying something like 'If you have sex, you're going to die from AIDS.' 'If you have sex, there will be a pregnancy.'"

"Obviously these are concerns or risks that can happen from having sex, but a sex positive approach is not focusing on the negative — but still talking about those negative potential consequences — but really empowering people with their sexuality and empowering people with informed choice. If people are going to be sexually active, here are the things you can and should do to be safe. With a sex positive approach, we think sexuality is inherently a good thing. It's fun, it's pleasurable, it's orgasmic."

Every aspect of Parker's work revolves around one thing: delivering sexual education. Luckily for Parker, he has found many niches where he can promote healthy sexuality. On his website, for example, he has found sex toys that are free of toxins.

"I'm passionate about teaching youth, but I love teaching adults, too. There are very few places where people can go to get really good information. If you look on the web, there are many sites but most of them are crap or they're fronts for porno. On the website there's a lot of good information about sexual education. It's one of the many ways I am trying to help educate people about sexuality."

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— Newfoundland Premier Danny Williams, defending his decision to seek heart surgery in the U.S., despite the fact that the surgery is commonly performed in Canadian hospitals. Spoken on NTV Newfoundland, Feb. 22.

## PETER GOLDRING, HISTORIAN

Edmonton East MP Peter Goldring has never been one to keep his opinions to himself. As a Conservative MP in Alberta, Goldring is well aware that being a Tory in Alberta affords a politician the luxury of saying and doing almost anything they like without fear of voter retribution.

But Goldring stepped over the line — way over the line — with his outrageous rant over, of all people, Louis Riel.

Goldring is positively apologetic about a private members' bill from NDP MP Pat Martin, calling for Riel's treason conviction to be overturned, and for the rebel leader to be canonized as a Father of Confederation. Martin has gone as far as to say that Riel was "murdered by the Crown," a piece of revisionist hyperbole that even an NDPer should be ashamed of.

Riel, the leader of the violent but short-lived Northwest Rebellion, is one of the most quixotic and controversial figures in Canadian history. The charismatic Métis leader was hanged for treason nearly 125 years ago, and the debate over whether he was a traitor or innocent — or, for that matter, sane or insane — continues to this day. It is believed that the fact that a Conservative government, that of Sir John A. Macdonald, hanged Riel is one of the reasons Conservatives have found Quebec to be such a fallow ground for so many years.

Riel's story is not a cut-and-dried case — it's complex and controversial — so Martin's motion is little more than political posturing and should be dismissed by the Commons. Martin is doing little more than wasting time. Goldring, on the other hand, is wasting taxpayer money.

Goldring wrote a four-page screed on Riel, which is posted (and has since been unposted) on his website, and, incredibly,

mailed to his Edmonton East constituents. While it's easy to wipe out a web posting, it's not so easy to wipe out a written document, you can read the entire mess. If you can finish it, at [daveberta.blogspot.com](http://daveberta.blogspot.com).

In Goldring's history lesson, Riel is a murderer, responsible for "each and every death" of some 80 people victims of the rebellion. "To hang Louis Riel," seethes Goldring, "and to mount a statue of him on Parliament Hill would elevate anarchy and civil disobedience to that of democratic state-manship." At one point, Goldring writes that Canada's first war veterans "sacrificed their lives so that the Northwest Rebellion could be put down and Louis Riel brought to justice." He also compares the attempt to "unhang" Riel with the Japanese tendency to rewrite their history.

Rarely is history a simple case of good vs. evil. More often than not, it's complicated, with our present day standards colouring our opinion of the actions of our ancestors. Discussions over Riel's rebellion are worthwhile if for no other reason than to shine some light on Canadian history.

Goldring's biggest crime is in abusing his privileges as an MP by having the taxpayer foot the bill for his ill-informed rant. Members of Parliament have astonishing leeway over what they write in their newsletters to constituents, and Harper Conservatives have abused this privilege by sending out flagrant Tory propaganda, even into ridings controlled by opposition MPs. Canadians should be angry that political propaganda — and one-sided historical screeds — are paid for with their tax dollars.

Goldring should apologize, not so much for his opinion on Riel — which, like everyone else, he is entitled to — but for abusing his privileges and wasting taxpayer dollars.



POINT OF VIEW — LEFT WIL, RIGHT

## Right Winning War Of Words



HIDDEN NINJA FISH GRINKOWSKY  
 PSYCHOLOGIST PROBES THE  
 POLITICAL MIND TO FIND  
 WHAT MAKES THE RIGHT TICK

ample behavior quite differently in social and professional situations, and especially in personal ones. But the western world is viciously polarized right now.

The well-evidenced article's author, psychologist George Lakoff, wrote a fine book on conservative motivational tactics in 2008 called *The Political Mind*. The book begins, ominously, with this: "Radical conservatives have been fighting a culture war. The main battlefield is the brain. Their goal is to radically change America to fit the conservative moral worldview. The threat is to democracy and all that goes with it."

According to Lakoff, "frame semantics" are pulverizing Obama's efforts to appear civilized or effective, a couple of his examples being phrases like "government takeover" and "death panels." These memes are not only more alarmist and exciting than long explanations of complicated policy designed to improve things from 1,001 subtle levels, they fit easier on a TV screen — and are just a snap to yell! I would say this is especially true in terms of most arguments against universal health care in the U.S., and the fight against any caution whatsoever when talking about climate change.

Lakoff points out that excitedly denying "death panels" — level arguments in a way validates them, especially in subtle and unconscious levels of the brains of those believing they're actually a real worry. His parallel example: Nixon claiming not to be a crook. This is an especially tough one for me to get around, as like many I love pointing out systemic hypocrisies in action and funding — so how can we possibly acquiesce? But Lakoff certainly has a point in naming who's constantly on the run, ever cleaning up ridiculous accusations and downright bizarre social propositions. Are we really so dumb to be this beholden to essentially terrorist buzz words? Moreover, how is it that no one can successfully argue, sometimes here in Canada, that even if universal health care is the most expensive thing in our entire civilization, and that we might have to wait sometimes, that there's economic inefficiency, isn't it still by far the most important cost? As in, morally necessary? Without healthy people, what's the point of ANYTHING else? Yes, including sports facilities.

What's especially interesting about the article is how it begins by citing verified scientific study showing conservatives are more likely to blink at

HIDDEN NINJA cont'd on pg. 6

## BY THE NUMBERS • YA GOTTA HAVE FRIENDS

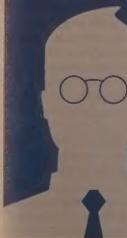
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**HIDDEN NINJA** (cont'd from p. 5) sudden noises, be more disturbed by unpleasant images on a glandular level and spank their children. As much as conservatives might overtly complain about a rammy state, they're the ones hardwired to react with a more fearful, 'us vs. them' world-view, as Lakoff puts it. "The father is the ultimate authority; children are to obey, and immoral practices are seen as disgusting."

They see Obama, and progressives

like many of us, not as people to come to terms with, but as invaders, threats and sometimes, preposterously, unholy.

"The conservatives are not fools," Lakoff points out.

"Because their highest value is protecting and extending the conservative moral system itself, giving Obama any victory at all would strengthen Obama and weaken the hold of their moral system. Of course, they were going to vote against every

proposal and delay and filibuster as often as possible [including those they originally proposed]. Protecting and extending their worldview demands it."

What we need to do, more than anything else, is come up with a string of effective frame semantics of our own, and especially ignore the highly-paid, lobbyist babble of anyone who thinks people who "didn't earn it" should be left to die on the streets or thrown in jail.

CADWIE • HEALTH

## System Checkup



**HOLISTIC HEALTH MD ROBERTA SHEPHERD  
AN ACTIVE LYMPHATIC  
SYSTEM A VITAL, IF  
UNDERAPPRECIATED, PART OF  
A HEALTHY BODY**

The lymphatic system gets far too little attention, even though it is integral to the optimal functioning of the body.

The lymphatic system is a complex system of vessels that permeates most of the body's tissues and returns fluids to the blood from the interstitial fluid (fluid that fills in the gaps between all cells in the body). The lymphatic system pretty much follows the same path as the circulatory system, dumping its select contents back into the blood just above the right side of the heart near the entrance of the right atrium (part of the heart).

Digestion of fats is a process that depends upon the lymphatic system. The digestive system uses cells from

blood cells that carry out specific lines of attack. The spleen cleans and filters the blood. The other lymphatic tissues are strategically located to pick up pathogens where they are most likely to get in. The tonsils and adenoids are located close to where we might inhale anything harmful. The Peyer's patches and appendix capture any microorganisms trying to invade via the digestive system.

The lymphatic system doesn't have an organ like the heart to pump fluid through its vessels. Movement of lymph (what the fluid coursing through lymphatic vessels is called) depends on us moving. Without sufficient movement to keep the lymph moving, the system becomes sluggish, creating a breeding ground for infection. This is because pathogens that would otherwise be getting neutralized are moving along sluggishly and pooling. Indications of a sluggish lymphatic system could include: swelling, painful cysts and nodules, specifically in the armpits, on the bikini line and/or buttocks, swollen glands, persistent sore throat, chronic sinusitis, cellulite, inability to lose weight, fibromyalgia, chronic fatigue syndrome, autoimmune disorders, bloating, and general aches and pains.

### CLEANSING YOUR LYMPHATIC SYSTEM MAY BE THE TICKET TO IMPROVING YOUR HEALTH

its inner lining to package ingested fats. These fatty packages are too big to enter the circulatory system, but gain easy access to the lymphatic system for transport and absorption. Further, the lymphatic system functions to return proteins that leak from the blood, back to the blood. If these leaked proteins accumulate in the interstitial fluid, the fluid volume increases, causing edema (swelling).

The lymphatic system is vital to our human defenses. Lymph nodes (organized groups of lymph tissue located within the system) attack and essentially eat pathogens (disease forming agents) such as bacteria that are picked up from the interstitial fluid. The lymphatic system is also associated with the bone marrow, thymus (located at the front of the heart and behind the sternum), the spleen (located in the upper left of the abdomen), tonsils, adenoids (located at the very back of the nose), the appendix (located at the beginning of the large intestine) and an area in the small intestine called Peyer's patches. These parts of the body are collectively called lymphoid tissues (lymph nodes are also considered to be lymphoid tissues). Lymphoid tissues help the body capture and destroy invaders before they get too far. The bone marrow and thymus produce derivatives of white

Dietary indiscretions such as avoiding processed foods, white flour and excessive sugar, and including plenty of raw fruits and vegetables are essential to an optimally functioning lymphatic system. It is also crucial to drink plenty of water and get ample exercise. Other ways of encouraging effective lymphatic flow are rebounding on a mini trampoline, practicing deep abdominal breathing, doing dry skin brushing and receiving regular massages, especially lymphatic drainage massage. Dry skin brushing involves using a shower brush or loofah to very gently brush the surface of the skin directionally towards the heart before a shower or bath. Lymphatic drainage massage is performed by a specially trained therapist. It involves very light and gentle touch that greatly encourages the movement of lymph, especially in areas where lymph nodes are located. Lymphatic drainage massage should be avoided in instances of acute inflammation, malignant tumors, thrombosis and major heart problems.

Please contact a holistic health practitioner if you are seeking further information on how to more efficiently move and cleanse your lymphatic system. It may be just what you need to help you feel better. [holistichealth101@gmail.com](mailto:holistichealth101@gmail.com)

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HOMES

# Don't Be Sheepish About Ordering Lamb



**DISHS AT THE SYRTAKI ISLAND RESTAURANT SEEM TO FALL OFF THE BONE RIGHT BEFORE YOUR EYES**

**SYRTAKI ISLAND RESTAURANT AND PUB**  
4030 11th Ave. 780-484-2473

**BY SCOTT LINGLEY**

In the last couple of years, lamb has taken its rightful place among the entrees I'm drawn to when I'm dining out, easily displacing chicken dishes (which I overconfidently believe I have a chance of replicating at home). It all started during the six months I lived and travelled in the Middle East, where pig meat was strictly forbidden (or freezer-

excellent local source of lamb roasts, lamb sausage and ground ewe from Trowlesworthy Farms in Mirror, Alta., through their outlet at the Old Strathcona Farmer's Market.

I don't know why it hadn't occur to me until now that the Greeks have a long history of lamb-based cuisine but it hit me full force when I took a booth seat at Syrtaki Island Restaurant, a white-and-pastel-blue oasis in an otherwise grey n' ugly stretch of 11th Avenue headed toward the west end. It's a comfortable dining spot with a slightly kitschy plaster-and-paint evocation of the eponymous island and, though the booths are spacious, they were a tad overhauled for an intimate dining experience. Maybe stick to the tables if you're looking for ambience conducive to romancing that special somebody or other.

Syrtaki had all kinds of lamb on the menu, in addition to the assortment of indigenous delicacies you hope to find on any Greek menu — all the

One horiatiki was more than enough for two of us — a heaping plate of cucumber, tomato, red onions, kalamata olives and the occasional pepper in oil, vinegar, feta, parsley and oregano. My co-diner remarked after clearing her side plate once that she was already getting full in advance of the entrees.

The attractive platters next set before us helped her find her appetite again. The roast lamb was copiously portioned, fragrant and falling off the bone before my eyes. There were potatoes and mixed veggies as well, all of which had been dosed with a buttery sauce. I've got nothing against buttery sauces, but I prefer to decide if everything should have buttery sauce on it. Infused with garlic, oregano and lemon and ineffably tender, the lamb atoned for all such quibbles. Co-diner, as usual, liked my meal better. Her mahi fillet, under a brailed lid of sun-dried tomatoes and sautéed onions, was firm and tasty, almost chicken-like in its substantial-

**THE TAB: \$56 FOR TWO (FOOD ONLY)**  
**THE GIST: BRING ON THE LAMB!**  
**TRY THE: KLEFTIKO**

burned and overpriced) but lamb was bountiful, often in the form of delicious kofta, where the meat is ground, mixed with aromatic spices and grilled.

Now when I think of some of my favourite eats, my stomach grumbles to the tune of Wild Tangerine's outstanding masala-marsala lamb loin chops, Café de Ville's succulent rack of lamb, Flavours' lamb shank in fig compote and Sabzy's beef/lamb hybrid kebab, kulideh—to say nothing of their scrumptious lamb stew, abgoshit. I've also found an

souvlakis, moussaka and dippy appetizers, along with the requisite flame-broiled cheese (saganaki). They seem to have added more seafood and, yes, lamb dishes since my last visit of several years ago. So my co-diner and I decided we'd try both.

She ordered the mahi mahi fillet (\$22.95) with attendant sides and I ordered the kleftiko (\$21.95) — roast lamb on the bone—with mashed potatoes and vegetables. To keep the salvation more or less in check, we'd start with a large Greek salad (\$10.95) to share.

ity and salty, but, to my palate a touch overdone. Her plate overflowed with sides—buttery mixed vegetables, roasted potatoes and rice, also alattered with butter sauce — crowding the generous fillet.

We were so full that dessert — even just a little piece of baklava — was right out of the question, but the leftover lamb I took home fixed me up with two kickass sandwiches the next day and a generally positive impression of my time at Syrtaki, as well as another oddly named lamb dish for my mental menu.

## RESTO CAPS • BY SCOTT LINGLEY

### DELUX BURGER BAR

962-142nd St. 780-420-0101  
**THE TAB:** \$41 for two, food only  
**THE GIST:** Great bar, good burger

**TRY:** Beet salad, surprisingly

### HEBESHA ETHIOPIAN CUISINE

955 10th Ave. 780-474-2206  
**THE TAB:** \$30 for two, food only  
**THE GIST:** A crash course in east African eats.

**TRY:** Wednesday night veg buffet

### ACCENT EUROPEAN LOUNGE

823-104 St. 780-431-0179  
**THE TAB:** \$51 for two (food only)

**THE GIST:** Euro-comfort food landmark  
**TRY:** The steak tarant (S14)

### CAPÉ DE VILLE

1037-124th St. 780-488-9188  
**THE TAB:** \$10 for two (food only)

**THE GIST:** As ever, one of the city's best

### TRY: Lamb

### HEALTHFARE RESTAURANT

1014 10279 Jasper Ave.  
**THE TAB:** \$9 for one (breakfast, beverage)  
**THE GIST:** Painlessly good-for-you down-town lunch option

**TRY:** Egg white and goat cheese with charred vegetables on a bun (\$5.99)

### IRIE FOODS AND LABISH BAR

10152A-82nd Ave. 780-757-2022  
**THE TAB:** \$50 for two (food only)  
**THE GIST:** Caribbean eatery finding its feet

**TRY:** Jerk pork

### LAZIO NORT

12503 St. Albert Trail, 780-488-3823  
**THE TAB:** \$40 for two

**THE GIST:** Stylish fusion oasis.

**TRY:** Mediterranean salad

### MIDNIGHT SUN RESTAURANT

11003-124th St. 780-452-2282

**THE TAB:** \$40 for two, with leftovers  
**THE GIST:** My Chinese take-out prayers are answered.

**TRY:** Satay beef

### THE COPPER POT

101, 9207-110 St. 780-452-7800  
**THE TAB:** \$57 for two (food only)  
**THE GIST:** Fabulous new menu, great view, a casual-fancy night out

**TRY:** Braised Bison Short Ribs and House Made Duck Sausage (\$30)

### EL RANCHO SPANISH RESTAURANT

1010-87 St. 780-431-4930  
**THE TAB:** \$33 for two (food only)

**THE GIST:** Solid Meso-Salvadoran fare, nice room, indifferent service  
**TRY:** The Enchilada Mexicana

### FAINTASIA NOODLE HOUSE

10518 Jasper Ave. 780-438-0943  
**THE TAB:** \$1740 for two (food only)

**THE GIST:** Serviceable Vietnamese

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WINTER BLUES ROUNDUP • FESTIVAL PREVIEW

# Edmonton's got the Winter Blues

**BA-DE-BA-DUH-DUM. WE'VE GOT THE WINTER BLUES, MY FRIEND, AND, FOR LOCAL MUSIC LOVERS IT'S ALL A GOOD THING.**

WINTER ROOTS AND BLUES ROUNDUP  
Various Venues and Show times, Feb. 25-28



BY MARLISS WEBER

Peter North has the blues. Ba-de-ba-duh-dum.

While the CKUA man might have plenty of good reasons to cry the blues, that's another story. In this story, North has the blues (ba-de-ba-duh-dum) and is bringing them to town, in the shape of the Winter Roots and Blues Roundup, co-presented with Folkways Alive from the University of Alberta.

"Both Calgary and Saskatoon have successful winter blues festivals, so it's the perfect time to do something like that here," North says. Beyond the fact that it means Edmonton can join forces with the other festivals and bring in some spectacular acts, late February in Alberta just seems like the perfect time to be singing the blues.

"Everybody needs a reason to get out and warm up the winter," he says. "What better way to do that than with a music event like this?"

So in six short weeks, ("We just got the idea in mid-December," he says), North managed to pull some strings with his musical contacts across North America, bringing together some of the world's top blues and roots performers. He's booked them into intimate spaces around town, like the Blue Chair Cafe and Fiddler's Roost, providing a unique atmosphere for audiences more used to the huge outdoor festivals of the summer.

This is the first year of the festival, so they're starting out small – but small only in terms of venues and dates. Large in terms of scope and talent. "We got really lucky," North says. "We scored big with Alvin Youngblood Hart, and Mark Hummel and David Rea. Not to mention that our musicians on the local scene [like Terry McDade and Graham Guest] are on par with the best in the world."

Which leads North to gush a little about Edmonton musicians. "For some reason, we're very quiet about the fact that we have some incredible talents in our city. It seems chide to call them 'world-class,' but that's what they are. The McDades play to huge crowds all over the world. And you can't find a better piano player than Graham [Guest] anywhere."

## FOLKWAYS ALIVE!

The Festival's Feb. 25 show features the music of the legendary Folkways collection at the University of Alberta.

"Folkways was a record label based in New York, putting out albums through the '50s to the '80s," North says. The label released more than 2,000 recordings in that time, and upon impresario Moses Asch's death in 1986, the collection was split between the Smithsonian in Washington D.C., and, amazingly enough, the U of A (where Asch's son taught anthropology).

"This concert is a great highlight of the Folkways Collection," he says. "It's going to cover a lot of ground, from early Jelly Roll Morton, to Lead Belly and guys like Roosevelt Sykes and Memphis Slim. And with players like Rusty Zinn, Mark Hummel and David Rea – well, it's going to be an amazing night."

Another highlight of the festival will be the Mike Seeger tribute concert on Feb. 27. "Mike Seeger passed away last summer," says North of the folk musician (and half-brother to Pete Seeger). "So David Rea, Byron Myhre and Terry McDade jumped on board,

coming up with song suggestions and they've put together a really great program. David Rea considered Seeger to be one of his most important mentors, so it's going to be really personal and intimate. And it also just so happened that [Edmonton filmmaker] Lorna Thomas interviewed Seeger shortly before his death, so she's put together a film about him that will play that night as well."

## BLUES IN SCHOOLS

Not only is North's Blues Roundup hitting stages around the city, but they're also taking the music to the schools. They'll be doing formal concerts for kids in Leduc, and more impromptu performances for Edmontonian schools.

"Kids really need exposure to this kind of music," says North. "Music ... is its own language, really, and by seeing how diverse musicians communicate with each other through music, well, I just think that presents some pretty important lessons."

About music and about life.

"And a lot of kids don't have the chance to see music performed live these days," he says. "For one thing, the number of venues that carry live music has seriously dropped. And unfortunately, for a lot of kids, the cost of going to concerts is prohibitive."

Too true. Gone are the days of seeing top acts for peanuts. "I remember back in the '70s when I was a kid, seeing all kinds of great performers for next to nothing. Kids don't have that kind of opportunity today, when they have to pay \$60 plus a pop, so I think it's so important to round out their musical experiences by taking these kinds of shows to them."

And the musicians are entirely on board with this kind of endeavor. Grammy award-winning Alvin Youngblood Hart, and one of North's headliners at the festival, is delighted to be bringing the blues to schools.

"You know, I've done that kind of thing in Mississippi," the Memphis-based musician says, "and it's a pretty amazing thing. Some of the kids look, well, bored or whatever, but you can see it in some of the others. It's like you've turned a light on or something. That's what makes it worth doing."

Ba-de-ba-duh-dum.

## THE LOVE CHILD OF HOWLIN' WOLF AND LINK WRAY

Alvin Youngblood Hart is a blues man. And roots man. And rock 'n' roller. And a little bit country, too. His music defies classification, and he's boggled as to why people try to put his music in neat little boxes.

"When I was growing up in the [San Francisco] Bay area in the late '60s," Hart says, "it was a musical mecca, and I listened to everything. I was exposed to a lot of things musically. And then, when I was 13 or 14, when I decided quite seriously that I wanted to be a player, well, I just wanted to play music, not any specific kind."

And the music industry was different back then as well. "You know, a few years ago, a friend of mine sent me a Christmas card that was an AM radio playlist from 1973. And the diversity of music was huge. Everything from Bob Dylan to Frank Sinatra to blues to rock. It wasn't about the narrow little categories our radio stations play now. Radio has really changed the way we consume music in the last few decades."

So Hart continues to do his own thing, blending genres and playing diverse shows with a wide variety of musicians – from Ruthie Foster to Bo Diddley, and has been described as "the love child of Howlin' Wolf and Link Wray," a commendation he thoroughly enjoys.

"Yeah, don't think too much about the image of that, but I'm pretty honoured to be compared to either of those musicians," he says.

As for playing in Edmonton, Hart is looking forward to the long trek north. "It's been a long while since I was in Edmonton last, and yeah, it's going to be a great time. I am looking forward to playing some good shows and doing what I love for all the folks up there."

Ba-de-ba-duh-dum.



From the top: Alvin Youngblood Hart, Rusty Zinn, Mark Hummel, Mike Seeger and David Rea | PHOTOS SUPPLIED



BAND OF THE MONTH • PROFILE

# Sad Songs Say So Much To The Wheat Pool

**SONIC'S BAND OF THE MONTH MADE UP OF GOOD ALBERTA BOYS WHO HAVE A KNACK FOR THE SOMBRE SONG**

## THE WHEAT POOL

Sonic Band of the Month Showcase  
The Pawnshop, Feb. 26, 8 p.m.

BY KATHLEEN BELL

"The fifth anniversary is wood," chips in The Wheat Pool's Mike Angus, looking down at his BlackBerry. "You made a Google?" asks his brother, Robb.

"I made a Google. The wooden anniversary," Mike confirms.

"I'm not even going to make a joke."

I've got three of the four Wheat Pool boys sitting around a table at O'Byrnes on a sunny Saturday afternoon. It was hard to bring them (almost) all together, but now that they're settled down we're discussing everything from Sonic's slightly divergent choice of having a country-rock outfit as their Band of the Month to Gordon Lightfoot's supposed passing and our collective moral obligation to fact-check Tweets.

"You're already on the Internet," exclaims lead guitarist Glen Erickson. "Rather than make a sad observation based on someone else's sad observation, Google."

"I can understand that though, because on my iPhone, if I try to open something and it takes longer than three seconds, I'm like 'this is bullshit,'" says Robb, who shares singing and songwriting responsibilities with his brother.

Of course, there are a lot of serious and significant topics to discuss, in particular the band's aforementioned upcoming fifth anniversary and the



The Wheat Pool will be featured at the Sonic Band of the Month Showcase at The Pawnshop on Friday. PHOTO SUPPLIED

recent release of their sophomore album *Hauntario*. But I'm taking the time to highlight the tangential to make a point: while The Wheat Pool's music is often sad and sombre, they are charming, good-na-

ing an ever-growing fanbase, without ever neglecting their fanbase at home. Their second album, *Hauntario* is a huge follow-up to *Township*, and they're more than ready to take the next step in their career. "Which

as the title suggests, haunting.

"I've said this a million times, but I love sad songs," explains Robb. "I think sad songs last longer with the listener than happy songs."

"I think it's an ethic," says Mike.

**"THE WHEAT POOL ARE, WITHOUT A DOUBT, ONE OF EDMONTON'S HARDEST WORKING BANDS," SAYS SONIC'S MUSIC DIRECTOR ADAM THOMPSON. "THEY'VE SPENT LOADS OF TIME CRISS-CROSSING THE COUNTRY BUILDING AN EVER-GROWING FANBASE, WITHOUT EVER NEGLECTING THEIR FANBASE AT HOME."**

tured, ball caps and T-shirts, kind of guys.

And according to Sonic's music director, Adam Thompson, "The Wheat Pool are, without a doubt, one of Edmonton's hardest working bands. They've spent loads of time criss-crossing the country build-

ing why they're Sonic's band of the month.

Yet, *Hauntario* is a dark album. It's burin' music. Thoughtful and compelling, the guitars ache, the harmonies weep and the melodies seem to twist their way into your heart. It is,

"I've had people ask me, 'why do you listen to such sad music?' I do not know. I just know it makes me feel better. I think part of it is an affirmation. It's like when your girlfriend starts crying for no reason and she's like, 'sorry, I just need to cry. It's

nothing you did.' Some people just need to cry to have it out. Music totally meets you where you're at. No matter how you're feeling. If you're a dark soul, sad music just makes you feel better."

And it's a feeling – that emotional bond you form with just the right song – that they're hoping to inspire.

"I think that's something that really brings us together as a band, if I were to pick one thing – besides that we get along like each other and we just along all the time," says Erickson. "It's more important to me that someone feels what I'm trying to make them feel, than whether or not I executed my notes properly."

That common understanding about what is best about music has got them through five years and two albums, an accomplishment Mike notes most band's fail to achieve.

It's a simple, straightforward focus and it works for these Alberta boys. "We're not big showmen," says Mike.

"I think anyone who'd sit down with us would figure out really quick that we couldn't BS our way around that typical rock 'n' roll stuff if we tried – as in try to create an image and present that image all the time. We just want to be who we are and feel like if there's a reason we connect with people at shows, it's because the people who connect with that musical integrity of just four guys being really honest and trying really hard. And genuine. Not a contrived genuine but a genuine genuine."

"Until the Band of the Month showcase where I pull out my silver pants," finishes Robb with a grin. See? I told you The Wheat Pool aren't all just about broken-hearted ballads.

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## CJ Ramone

New City Suburbs/ Feb. 26

Everyone knows that CJ Ramone followed Dee Dee as the Ramones bass player from 1989 until the Ramones disbanded in 1996.

What you might not know about him is he's a huge motorbike junkie. A few years ago he's gone too tough for the Ramone and he lost his favourite ride.

"I rode the whole 1996 Lollapalooza Festival," says Ramone, "on a modified Harley that I put together. It looked like it was right out of '62, like an old school outlaw chopper. I had all kinds of handmade crap on it because back then they didn't make a lot of after-market parts. A friend of mine who is a machinist had to fabricate almost the whole thing."

So what soothes his riding fix now? "Before I ever got into Harley's I was into dirtbikes," he says. "The first street bike I ever had was a Kawasaki KLR650. It's like a big dirt bike. After I lost my Harley I bought the same model Kawie and that's what I've ridden ever since. It's kind of nice for me because I enjoy being off-road. I love camping and hunting and all

that outdoor stuff."

Ramone's adventurous spirit has taken him touring all over the world, and he's currently playing in Japan before he steps over in Edmonton to play an all-Ramones set this Friday. This may be the first time for the Ramone touring the City of Champions, although he fondly remembers Calgary. "I know that I toured in Calgary with the Ramones," he says, "because I got tattoos from Paul Booth at Smiling Buddha. I got my stomach tattooed after we played there."

And when the tour is over Ramone still hangs his hat in the Big Apple: "I reluctantly still live in New York City," he says. "It's part of my divorce agreement, was actually looking forward to getting out of here, especially since they closed down CBGBs. It's not even fun to go to Manhattan anymore. Back in the day it really was a cool city, but now it become ridiculous."

Ramone's tough times included dealing with the loss of Joey, Johnny and Dee Dee all in a four-year time span. "It was definitely tough," he says, "in fact I'm demoting songs from my first solo post-Ramone album. There are two different songs on the album that talk about the whole experience of losing those guys. One of the songs is named "Three Angels on my Shoulder." It's my tribute to them. For me it was really different, they weren't just my bandmates, they were my heroes when I was younger. It was a band that I loved and worshipped for years."

No matter what happens to this Ramone, you get the feeling that he'll just dust himself off and ride right through it.

## LOCAL ROCK • PROFILE

## Hale Hale Pays Their Dues

**THERE'S NO ONE QUITE LIKE THIS LOCAL BAND, BUT THE BOYS OF HALE HALE WORK HARD FOR THEIR MONEY**

## HALE HALE

Heaven Social Club, Feb. 26

## BY JOSH MARCELLIN

Rock 'n' roll's greatest strength is its power to unite. Take local rockers Hale Hale: four musicians with wildly divergent influences, ranging from punk and indie to classic rock and post '90s grunge. So even though they probably wouldn't rub shoulders browsing a record store, they now spend their free time together — writing, playing, and loving rock 'n' roll music.

Drummer Trevor Neary sees the different musical backgrounds as building blocks, not stumbling blocks. "We just kind of amalgamate it," says Neary. "It's like putting Lego and Duplo together, sometimes you can make something really good."

And just like kids fusing their building sets together, they hope to create something fresh and new out of conventional and separate styles.

But like some kind of unholy Lego-Duplo eyesore, all of this haphazard melding of styles has the potential to



United by their music, Hale Hale makes good use of their divergent tastes. PHOTO SUPPLIED

result in a discordant mess. Thankfully, Hale Hale has found the common ground. They make music in the true rock 'n' roll tradition: catchy as a cold, totally rub-shakeable, and just loud and sloppy enough to be dangerous.

"It's stupid to say a kind of pre-tenacious, but I don't think there's anything else out there that sounds quite like us," Neary said. "It's like Queens of the Stone Age, a little bit of Muse, and then out of nowhere: Mastodon."

With Scott Steele on guitar and vocals, and Evan "Too-Loud" Tardiff on lead-guitar, Hale Hale has developed a live wall of sound intense enough to blow the roofs off of local venues.

"We played Likwid Lounge and we were just way too loud," laughs Neary. "We thought it went terribly, but then like 20 people came up to us after the show to tell us how they loved us, and how they'd never heard anything like that before."

Hale Hale has the initiative to match their creativity: they're planning to shoot a music video in March and do their first tour in June.

And while the boys all have rock 'n' roll dreams, they're smart enough to respect the hard work that goes into creating a career.

"It's like that Pavement song: you've got to pay your dues before you pay the rent," Mack says. "There's nothing truer than that."

# MEET JEREMY HOTZ

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PSYCH-ROCK CD RELEASE • PREVIEW

# A Musical Pulsating Brain From Outerspace

**YES, KRANG SHARES ITS NAME WITH THE BAD GUY FROM THE NINJA TURTLES, BUT THEIR SOUND IS ALL-OUT PSYCH**

KRANG  
The Artery, Feb. 27

BY MIKE DEANE

The name Krang might conjure images of the Teenage Mutant Ninja Turtles' arch nemesis, a slimy, pulsating brain from outer space that lives in Dimension X.

Pretty soon, however, Krang will bring to mind something else pulsating and spacey: Edmonton's best fuzzed-out frozen psych-rock band. The band, made up of Dean "The Ram" Watson, Jordan Foster, Jared Maeski and Parker James Thiessen, is releasing its first album, *They Came From Planet D*—a smoky mix of Black Sabbath's heavy groove and Hawkwind's space-jams, layered with enough noisescapes and guitar shredology to make the sound their own. The CD comes out on Eamon McGrath's Cassettes Records.

Though this is the first full-length release, these guys have been playing together for a while, and have a lot planned for 2010, beginning with their CD release Feb. 27 at the Ar-

at the beginning I didn't wear ear plugs because I wasn't a very good drummer and I didn't trust myself, but now I can't believe I put myself through that."

"It's loud even with ear plugs," says Watson, the newest member. Since Watson joined the band, things haven't gotten any quieter. Majeski claims "I've never heard anyone play as loud as Dean."

The effortless back-and-forth between the band members (minus Thiessen, who was on tour with his noise outfit Zebra Pulse) points to the friendship, shared interests and tastes that are at the base of Krang. A love of Hawkwind, Black Sabbath and Fela Kuti is not something you find every day.

"We're all into some very specific things that lend us musically and we all have similar points of reference," explains Foster. "Though we didn't play until last year, we'd been friends in music for a long time—always exchanging albums and talking music, so we knew that if Dean came on board he would know what we're going for and would add things we hadn't thought of."

Watson's addition to the band definitely adds a new level of psych-delia, with the meandering gu-



Psych-rockers Krang will play it loud at the Artery on Saturday night. (PHOTO: SUPPLD)

resurgence

"It's a bit of an emerging genre, if anything," explains Watson. "Bands like the Black Lips and Dead Meadow are getting bigger. It just seems like the number of people smoking pot, as it goes up so does the popularity of psych music. It goes in cycles too. Like the '80s was more of a hard drugs decade, it was all dance music and aggressive punk, but now people are back to smoking pot like the '60s and '70s. It's something to experience more live. It's like the

**"NOW PEOPLE ARE BACK TO SMOKING POT LIKE THE '60S AND '70S. IT'S SOMETHING TO EXPERIENCE MORE LIVE. IT'S LIKE THE LIVE STUFF FROM THE ALLMAN BROTHERS."**

tery, where they'll be playing a Weird Canada-curated show, and will be playing with Albertan punk and garage groups. Though they're one of the only Edmonton bands in the psych genre (what exactly is psych—more on that in a second), they have a strong alliance with the noise, punk and garage scenes.

Krang first started out as a garage duo named the Two Man Electrical Band, with Majeski on drums and Foster on bass and vocals. Then Thiessen joined with the heady electronics and various wind instruments that gave the band a more psych feel. This is when they became Krang.

"When we started playing with Parker, it was so loud that I'd feel like puking," Foster told me when I met up with Krang to discuss the band's most recent release.

Majeski adds: "It was so loud, and

tar pants taking the listener further into Krang's sonic landscape. Psych means a lot of things to a lot of different people, and Foster explains that it's pretty flexible.

"Psych is a really open genre. Like a lot of old garage is considered psych and a lot of electronic can be psych, and ambient music is also considered psych. There's psych folk and psych metal," he explains. "I think we had a really elaborate Venn diagram at one point that explained psych and our band's place in it."

Majeski sums it up: "For me, the biggest distinction is the length of songs and the openness, just the willingness to open up. It's a little more out there, more spatial."

"I think it's just a polite way of saying drug music," Watson adds.

In Edmonton there is a dearth of psych-rock, but it's experiencing a

live stuff from the Allman Brothers. When they're in the studio it's more of a focused product. But when they play a live and get to open it up and let it breathe, the music is more of a living entity than a commercialized product that's easily digested.

Although it's a musical cliché, it's definitely true about Krang: they're best experienced live. To get the full experience of their sound, one must fully immerse themselves and get lost in Krang's live psych cosmos. They'll be sharing the stage with Alberta's premier ice-cold post-punk (Sharp Ends), hooks-based hardcore (Grown-Ups), soaring '90s college rock (Outdoor Miners) and scrappy pop upstarts (JAZZ).

So on Feb. 27, take yourselves to the Artery for a chance to see the musical equivalent of a pulsating brain from outer space.

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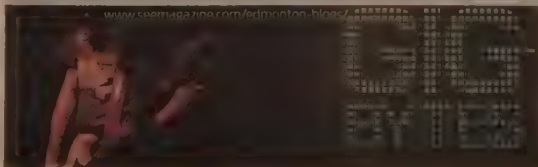
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# Corb's Olympics



WILDLIFE

**ALBERTA'S FAVOURITE HIP-STER COWBOY SINGS AT THE OLYMPICS AND FISH DRAWS IN COMIC MARATHON MADNESS**

Corb Lund is busily touring Alberta right now, and found himself surprisingly moved when he played at the Olympics last week. "I expected it to be just a gig and kind of cool, but it was exceptionally cool. It was weird. You know how you feel when the Oilers are winning, on the streets in Edmonton? It was like that, times 10. I had a lot of soul searching, because I have a lot of buddies who are protesting the whole thing. Granted, most of them protest everything, anyway," he laughs. "But I went out there and I think in this case they're wrong. The amount of joy that was created – and this sounds corny – but the amount of good community vibes, tens and hundreds of thousands of people, I think it was well worth it."

"I get it. It was expensive and there are homeless people there and every thing, but I also think it's important that we spend our treasure and attention on excellence as well as people who are having trouble."

Lund also notes the patriotism wasn't necessarily the only point, either. "I'm no expert, but just from on the ground it didn't feel like, 'Hey, we're Canada – we're going to beat the shit out of everybody else.' It was more like a hosting thing, quite welcoming to everyone else."

Lund and the Hurtin' Albertans played at LiveCity in Yaletown "Seven or eight thousand people there, it was crazy. Feist was playing the same time as somewhere else. I like her, she's good."

The year ahead looks progressive, as always. The band has locked down tour dates in England and Australia, and he's finally working on his *Songs My Friends Wrote* album, including tunes by Ridley Bent and Shuyler Jensen, which we've reported on in the past. Lund also notes he must be doing something right as he's a Canadian country act signed to an American label. Most of the more Nashville-leaning acts, I might point out, have been dropped in the

**WILDLIFE cont'd on p. 18**

# Hip Hop And Harmonicas

**THIS STREETWISE BAD BOY USES HIP HOP AS AN EXCUSE TO PULL OUT HIS GOOD OL' FASHIONED HARMONICA**

BAD NEWS BROWN

With Sean Paul at Edmonton Event Centre, Feb. 25

BY

"That song's about my harmonica the whole way through," said Montreal's Bad News Brown of "Born 2 Sin," the title track of his debut album.

But when Brown – born Paul Frappier, who will be opening for Sean Paul at the Edmonton Event Centre on Feb. 25 – rapped about taking a pull on that harmonica in the song, one member of his audience thought he was referring to taking a drag off a doobie.

Another said the line, "She sounds so sweet," could only be about a lady, not an age-old musical instrument, and a few more swore "I get so high when I hit that key," was a how-to guide for crushing up coke.

"After they listened, I could tell they was addicted to what," he says with a chuckle. "Which was good because I wrote it that way, we all have vices. Mine's my harmonica because playing it gets people to come see me, it's just simple vanity. But they each heard themselves in that song."

It's that kind of hazy ambiguity that has both inspired and plagued the rapper's career.

When his eclectic debut dropped late last summer, critics were conflicted: praising the streetwise blues-inspired cuts like the title track before complaining they were nearly overshadowed by the disc's pitch-corrected tunes like "Touch Her Body."

This is the first time in history



Rapper Bad News Brown loves his harmonica. PHOTO SUPPLIED

that a hip hop album has catered to the harmonica, and to prove the harmonica's viability, I wanted to play it in all different types of songs."

"I'm not too worried about pleasing Canadian critics, it's their job to hate. We're too fussy up here sometimes, not enjoying or playing our music but analyzing it."

That's why Brown says those same naysayers shouldn't try to dissect his blues-infused brand of rap.

"Hip hop is the blues, I don't separate them," he said. "It all came from shucking and jiving on the ships and plantations, hip hop is just the newest wave of that expression."

Brown first saw how strong that link was when he joined Nas on stage in 2006, to help him perform the Muddy Waters-inspired tune "Bridge the Gap."

As that night's concert drew to a close, Brown bounded on stage to fervently draw his harmonica across his jaw, wheezing out the halting back-bone riff of Muddy Waters' "Mannish Boy."

Nas jumped in with rhymes about how "The blues came from gospel,

gospel to blues, the slaves harmonizin' them ah's and ooh's."

"Nas is official, he's mad laid back," Brown says. "We keep in touch, and I'd obviously be more than down for working with him again, but first I have to do my work and show it's worthwhile for him to do something with me."

That work has included opening for the likes of Aerosmith, C2C, and Kanye West.

Brown says started to play the blues harp during his downtime to relax. It was a habit that grew so quickly he eventually brought it on stage one night as a joke.

And after the crowd's spastic reaction, he brought it again and again. Now his rapping is little more than leverage for his harmonica playing.

"I'm hoping Born 2 Sin will get me the audience, be the ticket I need to just experiment with my harmonica on the next record."

"You know, nothin' but trippy instrumentals, leaving people with their own thoughts and giving them freedom of mind, rather than lyrics dictating that to them."





**LIGHTSPEED CHAMPION**

*Life Is Sweet* Nice To Meet You  
(Goner)

★★★★☆

The best part about Lightspeed Champion is that singer/multi-instrumentalist Dev Hynes maintains the experimental heart in his formal band testicles, but drops the ridiculous gimmicky name leaving me with a band I enjoy without any embarrassment. It's apparent all throughout *Life Is Sweet*: Nice To Meet You that Hynes knew the direction he wanted to take the album, but would not settle for just "talent." Each instrumental track serves the song faithfully and could not have been arranged more fantastically. And Hynes' fancy-sweet vocals do well to compliment every layer of sound. Although the album is lush at its heart, many results. The album also covers an expansive array of styles, including western and doo-woo, yet adding an original and satisfying new age take to each.

CRAIG PALMER

**BROADCAST AND THE FOCUS GROUP**

*Investigate Witch Cuts of the Magic Age*  
(Wax Records)

★★★★★

A little focused attention is what is required for the true enjoyment of the recent and first collaboration between Broadcast and The Focus Group. Saying that, the small effort needed is paid back 100-fold for those devoted listeners. 25 songs striding and hyper-experimental, this album veers and melts from the immaculate pop genre Broadcast's albums are renowned for, to the swirling soundscapes and tangential noise their live shows offer. "I see, so I see, so I see," enshrouds with simplistic nursery rhyme-tinged vocal melodies and minimalist harpsichord, weaving in ambient beach noise, offering mere glimpses into the mastery of Broadcast's ability to make a great pop song. Its strengths lie not in hooks but in a seemingly endless desire to create these sometimes lush, sometimes raucous, but ultimately interesting songs. This album is not a good starting point if you are new to Broadcast, but holds its place as another worthy addition to an already stunning discography.

SHANNON COX

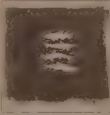
**FANSHAW**

*Dark Eyes*  
(Wax Records)

★★★★☆

I don't believe another artist could portray art any more oddly and disappointing than Fanshawe. Dark Eyes is either a hate it or love it, and chances are you won't love it. Attempting to create a super artistic collection, Fanshawe hit the fan and produced a brain wreck. At risk of sounding too harsh, the lyrics and even all tone of the album is scrambled between what could have been standingly delightful and pure hell. The vocals and every other sound in the deal breaker, the lyrics seem chaotically themed. "No, you can't have another cigarette, you'll sit and wait till I have it," and the instruments are incoherent. The only positive traits of the album might certainly be the cover art and Fanshawe's cynicism. Dark Eyes could have been proficient, but seems to miss missing something or perhaps everything. Not a good pick.

KATIE NELSON

**MY BRIGHTEST DIAMOND**

*Shark Removes Him 1, 2, 3 and 4*  
(Astrakhan/Kerry Records)

★★★★☆

If you're on the lookout for heavy electronic (and slightly generic) remixes, this is your favorite songs, you might just be in the wrong place. If, however, you wish to find masterfully reworked and re-imagined pieces of musical art, Shark Removes is for you. Employing the talents of four masters to each give their takes on My Brightest Diamond's *A Thousand Shark's Teeth* has produced some astounding results, which range from their own interpretation of the original album to a completely different story all together. The flow from song to song is seamless and is exponentially more impressive when the volumes mesh perfectly together. The remixes also do a great job of not getting stagnant, something that many remix albums (let alone some regular albums) have trouble accomplishing. These four volumes do everything right as far as remixes go, not necessarily improving the wheel, but still managing to reinvent it just fine.

CRAIG PALMER

**JOHN GOULART**

*Aranjuez*  
(Kerry Records)

★★★★☆

This collection of classical guitar standards is guaranteed to go well with red wine and pasta. The opening track transported me to sunny beaches in southern Spain, while the popular rhapsody from the *Concierto de Aranjuez* left me pining for dimly lit flamenco bars. Albert's own John Goulart has complete control over this recording as soloist, conductor and producer, and the resulting sound is impressive. His guitar playing is precise and subtle, and the orchestra is well balanced. It's lucky to create a new recording of one of the best-loved classical guitar repertoire, but Goulart offers thoughtful expressiveness and warm, resonant sound. If you're looking for a sun-soaked holiday on the cheap, this is your ticket.

JENNIFER HOYER

## LISTEN • BY FISH GRIWKOWSKY

**THEE SILVER MT. ZION MEMORIAL****KOLLAIS TRADICIONALES**

Repeatedly dramatic and old-world in a manner approaching how and a hawkeye on a night of getting stoned to Jesus Christ Sweeney. — meet the renamed The Silver Mt. Zion Memorial. From Manu's is at the nucleus of the organism and his typical urge to put you to sleep this our water on your face is almost sacred, dating back to his days leading Godspeed You! Black Emperor! Both Godspeed and TSMZM are like Shout Out in that you know there will always be flying jazz after 10 minutes or so. Slowly layering electric guitars, frantic acid-freaked vocals, delicate string instruments, human sadness, and twirling drums by David Poyant! Almost every song builds like a new Berlin Wall. Only it's to be torn down and blown apart by little dudes in acid wash jeans. Mind you, the pretty "Collapse Traditions" (For Darling) breaks a few of these rules, including being less than a minute-thirty long. There's something a bit East of Eden about these campy stoner-metal guitars, but anyone who digs Black Mountain will be at home here, even though we're clearly meant to feel uncomfortable.

★★★★★

**FIONN REGAN THE SHADOW OF AN EMPIRE**

Bearing no relation to the currently multimedia Star Wars: The Shadow of an Empire is an upbeat punkabilly album (read: folk) made for brightening your mornings. Though the lyrics are a little jockish (e.g., "let me be your cast kiosk, me be your Gay Grey Bedroom"), Regan's iron-lit and cello-chopping guitar are nothing short of uplifting. He's

better leaning more into the smoldering showmanship of Elvis Presley over the warbly wit of his purported heroes, but pretty deadly when he drags his words out long and sad like Zachary Francis Gordon in *Beirut*. "We went Demeanor," his most mature and here exemplifies this. The slow-burning "Lines Written in Winter" is an even better song, made for transcendental times (like those and all). A rare artist who works just as effectively at any sacred he chooses, with just enough ELO in him to be lovably dorky.

★★★★★

**OLD SCHOOL****WILLIAM S. BURROUGHS AND THE DISPOSABLE HEROES OF HIPHOP****SPARE ASS ANNE AND OTHER TALES (1993)**

"She had an auxiliary asshole in the middle of her forehead like a painful brass eye." William S. Burroughs informs us of "Spare Ass Anne," setting the tone. Narrating over a bed of classical, country and sample-heavy hip hop, Burroughs is a relentless noun-adjunctive-curse-word machine, toilet plunger surgery and faxes and babies being chewed up by dogs. Oh, and the taunting anus.

Often hilarious with mad ones like, "I know who they are! They are French people!" or "What the bloody fuckin' hell are covenants for?" never tell you about the time I performed an appendectomy with a rusty slide can? Burroughs asks, and we lean in to listen. Words of advice for young people is a nice caper, with wisdom including, "Do not offer sympathy. It's the mentality of the devil." Well, there goes my career.

★★★★★









# education

february 2010



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- Barrhead Leader
- Bonnyville Nouvelle
- Carstairs Courier

- Didsbury Review
- Elk Point Review
- FPWD Weekly
- Innisfail Province
- Lac La Biche Post

- Mountain View Gazette
- Okotoks Western Wheel
- Olds Albertan
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- St. Albert Gazette
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# Schools show plenty of heart

*Christ the Redeemer Catholic Schools offer education grounded in faith*

Christ the Redeemer Catholic Schools have shown a lot of heart and care since being formed more than 20 years ago. It also makes certain all those hearts are accounted for.

"We have a motto of Leave Not One Heart Behind," said Hans Woehleke, Christ the Redeemer associate superintendent of schools. "It means we are charged with the wonderful opportunity to look after each and every child in our care — be it spiritually, intellectually, emotionally, artistically or physically. Indeed, parents entrust their most precious gifts to us and we take that responsibility very seriously."

The division has grown in the Okotoks area from approximately 250 students in schools at the former St. James Church in Okotoks and classes in Mossleigh to over 2,500 students in the five schools in town alone. Those schools are St. Mary's and Good Shepherd elementary schools, John Paul II Collegiate (Grades 7 to 9), Holy Trinity Academy (Grades 10 to 12) and St. Luke's Outreach Centre for students looking for an alternative way of learning. It also provides The Centre for Learning@Home, which offers online programs through St. Paul's Academy as well as traditional and blended programs through Okotoks Home Schooling to over 2,000 students throughout Alberta.

Across the province the division has close to 7,500 students with schools from

**"We don't want to have students fall through the cracks."**

HANS WOEHLEKE  
Associate superintendent

Open to Canmore, Drumheller to High River and Brooks to Strathmore. "We are providing parents and students the option of Catholic education to the communities we serve," Woehleke said. "The public school system in the Okotoks area is excellent, but we are an option that many families choose."

Christ the Redeemer looks after those young hearts from before they enter school to when they beat with anticipation for the last Grade 12 diploma exam. An early pre-screening assessment is done for students when they enrol pre-kindergarten or kindergarten to identify any concerns. "Just because you're Catholic doesn't mean you don't have special needs," Woehleke said. "Each of our schools has outstanding learning support and special education programs to assist

students who require them, including programs for gifted and talented students."

The division justifiably takes pride in its high graduation rate. Alberta Education has recognized Christ the Redeemer for its more than 90 per cent graduation rate for high school students. (The percentage is calculated by the number of students who graduate high school within five years of enrolling into Grade 10).

The graduation rate is due, in part, to a strong relationship with students and their parents. "We don't want to have students fall through the cracks," Woehleke said. "If a student starts to miss classes or his or her grades start to slip, we contact the parents and try to correct any problems from the very beginning and offer a pyramid of highly successful interventions to ensure student success."

As well, one-on-one assistance is provided for students who need help in any subject. Holy Trinity Academy in Okotoks also offers the International Baccalaureate program for highly academic students.

"We have offered the program for about 10 years now," Woehleke said. "We felt that we were offering very successful programs for the students who have struggled, but we felt we could do more in providing for those who are really strong academically."

The program is recognized across the world and is basically the equivalent of

receiving one year of university credit after completing the high school program. However, there is more to building a strong mind. Exercise, the arts and having a smile also do wonders for the heart.

The division boasts a strong physical education program for its students. As well, the varsity teams at their respective schools have won championships both in the division and provincially.

Students also have the opportunity to excel in the arts or on the stage at Christ the Redeemer schools.

Often the wide varieties of students' interests come together as one. There may be no greater sense of community than when the Holy Trinity Academy Pep Band plays for the school's sports teams and the supportive student body. It's all part of bringing the school community together.

"The worst thing in life is not being lost, but being lost and knowing that no one is looking for you," Woehleke said quoting Father Eric Reichers. "Our vision is to let the truth of Christ and knowledge of God's creation be experienced by and manifest in the students, staff, parents and supporters of our Catholic school community."

For more information about Christ the Redeemer Catholic schools go to [www.redeemer.ab.ca](http://www.redeemer.ab.ca)

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Alberta as Advanced First Aid (AFA). This unique certification allows the graduating student to provide care under two provincial legislation requirements. Additionally, we are the only private school not requiring pre-requisites for our EMR-AFA program. We teach all mandatory components and also provide the graduate with current CPR and defibrillator training.


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# Qualified land personnel needed

Students currently enrolling in Olds College's Land Agent, Land Administration and Land and Water Resources programs will reap the benefits of good timing according to many key industry players.

Most financial experts predict an upswing in both the provincial and national economies through 2011/12, with an expected resurgence of oil and gas activity driving a need for more graduates.

Presently, Alberta has over 200,000 well-sites that will require environmental reclamation over the next few decades, while the number annually certified as reclaimed has run in the low thousands in recent years. At the same time, an average of

15,000 new wells are drilled every year. As well, large companies such as ExxonMobil and European giant Total have also expressed particular confidence in the future of the gas industry through the purchase of large North American gas reserves, helping to ensure plenty of work in the years to come for those with relevant education.

Work in these fields is not available to untrained persons. Land agents in Alberta are required to be licensed by the Alberta Government in order to negotiate the acquisition of certain interests in land, such as well-sites, pipelines and utility right of ways — and to obtain a land agent license

a person must have completed at least two years of post-secondary education that is relevant to the activities of a land agent, says Gerald Kress, Alberta's Deputy Registrar of Land Agents.

Similarly, reclamation technicians in the province must be members of a professional body that have legal sign-off authority in the reclamation field. Graduates of Olds College's Land and Water Resources program are eligible to become members of the Alberta Institute of Agronomy as technical agronomists, saving them the legal right to practice in the land reclamation industry. The Land Agent program at Olds College is the perfect fit for this requirement and

potential employers that need land agents will look favourably at graduates from the Olds College Land Agent program to fill their needs for licensed land agents, says Kress. The need for land agents and land administration graduates stems from much more than just oil and gas drilling however. In Alberta we have the new Land Use Framework and the Alberta Land Stewardship Act. The impact of these legislative changes could dramatically impact the relationship between industry and its stakeholders, says Trevor Williams, chair of Energy & Utilities Sector Relations at Olds College.

See "Olds College," page 6

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But "investing in you" goes beyond financial benefits. For starters, the diversity of each Haskayne MBA class ensures a rich and broad learning experience for all. Indeed, students with virtually any undergraduate degree, combined with a minimum three years' progressive work experience and a 550 GMAT score, are eligible for consideration into the program.

Hence, each cohort comprises a diverse

group of teachers, artists, medical professionals, engineers, scientists, business professionals and more. Haskayne MBA students repeatedly claim they not only learn from their professors, but from their classmates as well.

Students network through student and faculty events that bring community and business leaders to campus. They learn communication and presentation skills. They learn to think critically. They embrace teamwork as a vital means of achieving more in today's complex environment.

Plus they learn specific management skills like motivation, organizational science, accounting, finance, information systems and supply-chain management. And to cap it all off, an intensive leadership course ramps up their skills to prepare students for the challenges ahead.

The Haskayne MBA is truly the best investment you can make in yourself. Learn more at [www.haskaynemba.ca](http://www.haskaynemba.ca)

## Olds College Continued from page 5

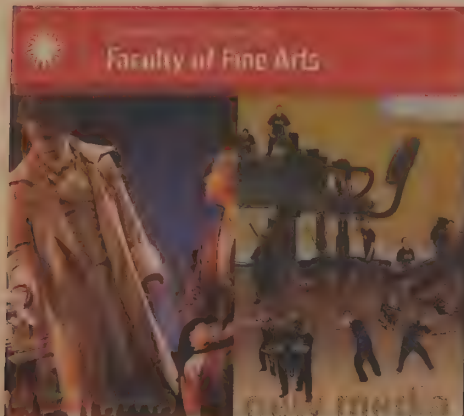
"Land Agents will be at the forefront of these changes. There will be an increased need for consultation and thus real and written communication skills along with an increased awareness of the need of environmental impacts."

Once traditionally viewed as industry representatives, farmers are increasingly enlisting land agents and administrators. There are 51,000 official farms in Alberta and landowners are looking for guidance on contracts for new talings but also on the management of existing wellsets and pipelines on their lands. Adding to the

demand for land use professionals, the Canadian Energy Pipeline Association states that \$49 billion worth of pipelines are slated for construction over the next 15 years. The construction of electricity transmission lines and demand for expertise from municipalities, surface rights groups, alternative energy companies and First Nations groups will further accelerate the need for skilled graduates.

Olds College offers a one-year certificate in Land Administration and two-year diplomas in Land Agent and Land And Water Resource Management.

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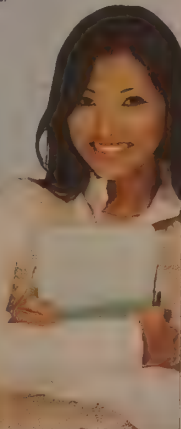
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The salon-ready environment puts students behind the chair, behind the retail counter and in direct contact with clients for practical experience. Highly skilled educators impart retail and business skills and strategic insights that prepare students to meet and gain from the tremendous opportunities in today's beauty industries.

Through the school's creative imagery project, each student has an opportunity to bring their artistic vision into reality. This project provides students with the strategy and tools to create their own portfolio-ready image. From developing an idea to collaborating with a creative director, professional photographer and makeup artist, students are involved in the entire process of an editorial shoot.

Contact an admissions representative at our school today. Call 403-264-5053 or toll-free 1-800-363-0830 extension 27. Email info@aveda-institute.ca or visit [www.bomtostyle.ca](http://www.bomtostyle.ca). Become a fan on Facebook at [www.facebook.com/aveda-canda](http://www.facebook.com/aveda-canda).

## Be bold — choose Brescia

Brescia University College provides a unique learning experience to 1,100 full- and part-time students who enjoy small class sizes at which students make friends and learn from faculty members who know them by name.

Affiliated with the world-class University of Western Ontario, Brescia sits on 13 acres of beautiful green space. Students enjoy the advantages of being on a small campus while being part of a larger student community at Western. The city offers a thriving arts and culture scene, including top-billed concerts, live theatre and orchestra, museums, art galleries and heritage sites.

As a women's university, Brescia offers unparalleled opportunities for female students to develop their strengths, participate in a wealth of student leadership roles, and learn from female leaders. The Brescia

campus, however, is open to both male and female students registered across the Western community. A Catholic college in the Ursuline tradition, we prepare our graduates to respond with wisdom, justice and compassion to a changing world. For 90 years, Brescia has provided an environment where thousands of women have absorbed the values of volunteerism and compassion. Students from all faiths, backgrounds and traditions are welcome.

Brescia University College offers three-year and four-year undergraduate degrees in a number of disciplines. Specialized programs include business, health sciences, kinesiology and a bachelor of science in dietetics and food science. A masters degree in foods and nutritional sciences is also offered.

Visit [www.mybrescia.com](http://www.mybrescia.com).

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MacEwan's Journalism program provides practical training that prepares the journalists of tomorrow for a sustained career in the world of news.

**tell it**  
Journalism



[www.macewan.ca/journalism](http://www.macewan.ca/journalism)

# Alternative careers in alternative health: train at Mount Royal

Not everyone is cut out for 9 to 5 life in an office cubicle. If the sounds of work construction either, you can train at Mount Royal University for a non-traditional career in complementary health with plenty of earning potential. Alternative health practitioners often join existing practices or set up their own. Many are free to choose their own hours and/or work from home.

Mount Royal's Centre for Complementary Health Education, located at the site of the old Holy Cross Hospital in Calgary's Mission District since 1999, is hosting a free information night on Wednesday, March 24 from 5 to 7 p.m.

You can attend half-hour information sessions and have your questions answered in person by program administrators and instructors. Enjoy refreshments, enter to win door prizes and receive a complimentary massage gift certificate from our Student Clinical Practicum Centre.

Mount Royal's part-time complementary health certificate programs include: Acupuncture Therapy, Ayurvedic medicine, Bowen Therapy, Feng Shui, Medical Terminology, Reiki, Reflexology and Yoga Therapy. These programs can be completed in less than a year and combined to meet your unique learning needs.

Mount Royal University Continuing Education also offers certificates in Massage

Alternative health practitioners often join existing practices or set up their own.

Therapy and Funeral Directing and Embalming. These are available either full-time or part-time and graduates are eligible for provincial licensing.

If you are not sure which program to choose, you can take one of the short "tasters" courses offered in the spring semester before enrolling in the certificate program for the fall.

Maybe you are interested in alternative health but not as a career. In that case, the Centre for Complementary Health Education offers one-off courses in meditation, Ayurvedic medicine, Healing Touch and stress management. The basics courses are also a good choice.

For information please visit <http://cont-ed.mtroval.ca/future>, email [cche@mtroval.ca](mailto:cche@mtroval.ca) or call 403-503-4888 or toll-free 1-888-240-7203.

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# Embrace your artistic side

Are you ready to begin your education in the innovative world of art and design? Become an Alberta College of Art + Design student, and explore your passion for creative thinking with an undergraduate degree in design or fine art.

With 11 unique programs including photography, visual communications design, ceramics, drawing, fibre, glass, jewellery + metals, media arts + digital technologies, painting, print media and sculpture, ACAD offers a rigorous studio program which produces inventive thinkers, visually acute learners and leading problem solvers for today's creative economy.

ACAD has been the home of some of the most exciting voices in contemporary art and design in Canada for the past 85 years. With a comprehensive curriculum filled with a range of programs sure to inspire, challenge and stimulate emerging artists and designers, ACAD is the leading choice for students who go on to work in a spectrum of creative industries — doing what they love while building impressive careers that impact the world of art and design.

The Alberta College of Art + Design is a leading centre for education and research, and a catalyst for creative inquiry and cultural development. Located in Calgary and overlooking the downtown core, ACAD provides a unique undergraduate experience for

students in fine art, design and new media — an experience set in the context of relevant, complementary liberal studies and practical theory. Our photography and visual communications design majors prepare students for successful careers as professionals in the discipline, practice and culture of photography and design. And our bachelor of fine arts program is one of Canada's most prestigious studio-based fine art programs.

What does an undergraduate degree at ACAD look like? Our degree programs are studio-based, which means hands-on. In our studios you'll explore multiple media, applying new techniques and inventing yourself in the practice and culture of art and design. You'll have access to a wide range of unique opportunities, including a strong international exchange program and a robust scholarship and awards offering for incoming students. Most importantly, with a one-to-one faculty-to-student ratio, our average studio class is kept to 15 students so you'll receive individual, personal attention from a faculty made up of a diverse group of more than 130 professional practicing artists, designers and scholars.

Want to know more? Visit [www.acad.ca](http://www.acad.ca) for more info, or book a tour to come see it for yourself at 403-284-7617, [admissions@acad.ca](mailto:admissions@acad.ca).

Don't miss any of the important deadlines, start your application process online today! [www.acad.ca](http://www.acad.ca)

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Alberta School of Drywall and Taping (ASDT) is a NEW Trade School with its owner having 24 years experience in the construction industry. His dream was to open a Trade School, diverse from all other trade institutions, one that not only teaches, but one that will provide work for its students after graduating. He has since joined partnership with a long standing Company International Paint and Drywall Co. Ltd. With International 40 plus years experience in the residential, commercial and construction industry, together they have all the experience and expertise needed in journeyman training and mentorship. Working together they will provide a solid foundation in teaching, theory application and hands on practical training exercises. Here at ASDT and IPTD we pride ourselves in creating a friendly and safe work environment both for our students and our students. Our purpose is to stimulate growth by imparting our wisdom, knowledge and understanding in each trade to cultivate and produce top quality craftsmen and women. Upon graduating each student will be placed in to work as you learn apprenticeship program. Each course carries a three year apprenticeship program and at the end each student will receive a Journeyman Certificate once that is recognized internationally in Canada. Our program is available to everyone: students, the general public, men and women alike and no diploma or GED is needed! International student are welcome.

Enrolment begins March 1, 2010

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Here at ASDT we love what we do and that is making a difference where it matters the most!

Each program runs a period of 2 months. With 2 weeks in class and the other 6 weeks on the jobs. Each course will carry a total of ten students per class up to a maximum of 16.

With ASDT and IPTD combined partnership and efforts they will not only teach, but are able to provide work for all of their graduates by placing them into their own company as you learn apprenticeship program, where they can pursue their Journeyman Certificate.

Call for more info and appointment (780) 224-9550

12803 - 126 Avenue, Edmonton

# Realize your potential

Concordia University College of Alberta provides a unique university experience. Located in Edmonton, Concordia offers the best of both worlds — a small university campus located on the banks of the scenic North Saskatchewan River within one of the most vibrant urban centres in Canada.

Concordia offers 27 accredited undergraduate degree programs in arts, education, environmental health, management and science, as well as graduate degrees — a master's of Information Systems Security Management (MISMS), and a master's of Biblical and Christian Studies.

At Concordia, students experience a community of learning where professors know their name. It's a supportive environment that encourages students to develop their interests, discover passions, meet new people and respect different points of view.

With a commitment to academic and research excellence, Concordia's graduates are able to hone their skills in critical thinking, communication and creativity. They use these foundational skills to find careers in industries such as education, drama and film, public health and management, while others move on to complete graduate and professional programs including law, medicine and dentistry.

Steeped in the tradition of the liberal arts, Concordia students receive a well-rounded education, as well as exceptional social and leadership skills derived from their experiences in the classroom and on campus. Student life offers an abundance of opportunities including varsity athletics, recreation, drama, music, as well as several student clubs and organizations.

The heart of Concordia is a commitment to faith — the belief that the Christian perspective brings depth to a student's campus

experience. The spiritual heritage contributes to an especially supportive and understanding learning environment for people of all faiths. Students and professors are brought together by a common passion to contribute to the greater good through initiatives in their own field.

Concordia's students share this enthusiasm. In national and provincial surveys, students continue to give Concordia top marks. In the 2009 Canadian University Report, Concordia again scored among the top smaller universities in Canada receiving an A+ grade in student-faculty interaction and class sizes. Concordia also received an A for quality of teaching, overall quality of education and satisfaction with their university experience.

In the most recent Government of Alberta Post-Secondary Graduate Outcomes Survey, Concordia received high praise. In fact, 95 per cent of Concordia's graduates would recommend Concordia to others. We had the opportunity to attend both a large and small university. What makes Concordia different is its inviting atmosphere and friendly faculty, staff and students. The quality of education is exemplary and detailed. Professors are knowledgeable and encourage students' questions and discussions, said Kristen, a BSc graduate.

Concordia's goal is to provide the education and learning environment students need to reach the places they want to go. The tight-knit and supportive community at Concordia provides students with the opportunity to put the lessons and skills they acquire into practice every day.

To find out more, Concordia offers open house events, campus tours and personalized student advising. Call today or visit: [www.concordia.ab.ca](http://www.concordia.ab.ca)



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# Making the news, whatever the medium

At Grant MacEwan University, the Journalism program prepares journalists to be critical thinkers, willing to challenge our society with the stories they tell.

Students in this program are interested in what's going on in their community, country and world. They enjoy delivering the facts that shape opinions and spark debate. They are learning not only the importance of writing stories that matter, but also stories that are responsible.

What makes MacEwan's program one of the most respected two-year journalism diploma programs in Canada is that our students learn by doing. At MacEwan we believe solid journalism skills begin with print journalism. Our students pitch their story ideas, research and write their articles, edit and proof the final copy, assemble the pages and shoot the photographs. We also provide an introduction into the growing field of online journalism and offer elective courses for those interested in learning to write news for radio and television.

Whatever the medium, MacEwan's Journalism program equips students with solid reporting skills that transcend changing technology.

A five-week industry internship is the highlight for many students as they prepare to graduate. It gives them a chance to establish valuable on-site experience in a newsroom or publication. The resulting portfolios and industry contacts often become a springboard to staff positions or contract opportunities in the industry.

Past graduates have found rewarding



**IN THE MIX** – Students at Grant MacEwan's Journalism program learn by doing, including pitching their stories, researching and writing their articles and snapping their own photos.

employment as story editors, copy editors, reporters, and photojournalists in everything from urban dailies to weekly rural newspapers, as well as community, arts, and local publications.

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**PORTAGE  
COLLEGE**







**GAME ON** - Animation, game design and graphic design are just three possible career paths with NAIT's new Digital Media & IT diploma.

## NAIT mixes media, IT

Spanning a range of career paths from multi-media designer to business analyst, NAIT's new Digital Media & IT (DMIT) program gives students up-to-date preparation for the demands of a quickly evolving industry. At the same time, students can develop skills aligned to their individual talents and interests.

"Each student can create their own unique study pathway," says Robert Stumbur, interim dean of the School of

Applied Media and Information Technology. The program allows students to specialize in target areas in a way that is not possible in more traditional programs.

The full-time, two-year diploma provides a mix of core courses and electives that progressively develop the key skills needed in a range of challenging and innovative careers.

See "Capstone," page 14

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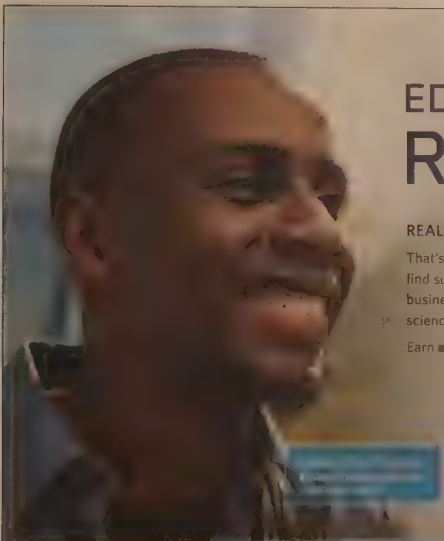
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DMIT curriculum addresses 10 separate but related career paths: animation, game design, game programming, graphic design, rich media development, video production, web design, application developer, business analyst and network analyst.

The program begins with a semester of core courses common to all students. Following that foundation semester, students define their path by choosing from a broad range of electives, tailoring their diploma to suit their interests and career goals. In the final semester each student undertakes a capstone project that showcases their abilities by applying what they have learned to a real-world situation.

One of the key strengths of the program is

its flexibility. DMIT is designed to adapt curriculum from one academic cycle to the next in response to changes and trends within the various industries it serves. This ensures ongoing industrial relevance and increased employability for its graduates. In addition, many of the individual DMIT courses can be studied on a part-time basis in the evening, giving students convenient learning options.

"The skills offered by the DMIT program are in high demand regionally, nationally and internationally," Stunbury says. "Graduates can opt to move straight into exciting careers using ground-breaking technologies or they can use the DMIT diploma as the basis for further study at the degree level."

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to do so. Does Erin Koonan boast of RDC? You bet. With a recent vote to be the provincial youth representative with the Canadian Aboriginal Arts Network, her tireless efforts in AIDS research and partnership with aboriginal communities would not have been possible but for the skills she has learned while being a student at RDC and sitting on the Board of Governors. Now she has spoken across the country as a voice for the voiceless.

Or how about Andrew Koonan, graduate from our Bachelor of Arts collaborative degree program and author of his first novel, Ten Silver Coins: The Drylings of Acheron. You can bet his writing skills were learned in late nights of imagination and editing while downing cup after cup of coffee as a student in his favourite library chair.

Countless names could be mentioned of those who found the skills they needed to make their resume what they wanted. Start the business they dreamed of. Play in the sport they had practised in since childhood. Sing under the coveted spotlight on stage. Or manage that business they had plans of for years now.

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Over 100 of our 500-plus students live on campus in residences adjacent to our academic classrooms and our Shirley Burr Equestrian Centre.

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## Make transfer credits work

A love of lab work seems to run in Tony Chau's family. Tony's dad was a chemist and his uncle graduated from the same Chemical Technology program at SIAST as Tony recently did. But Tony, 21, will be the first in his family to combine a two-year SIAST diploma with two years at the University of Saskatchewan.

With an itch to get out in the work world pronto with some concrete skills, he enrolled at SIAST. The practical training in the labs proved a perfect match for his hands-on learning style.

Tony opted to stay in school and become one of the first to take advantage of a new agreement that awards SIAST Chemical Technology grads credit for two years of a four-year degree program.

Transfer credits are the educational equivalent of two for the price of one. They allow post-secondary students and graduates like Tony to pursue additional education in a particular field without going back to square one. In many instances, such as SIAST's Chemical Technology program, transfer credits mean you can get a degree and a diploma in as little as four years.

Plus, students benefit from SIAST's small class sizes, lower tuition and flexible delivery options.

Now at university, Tony says he's learning more about the theoretical side of chemistry.

For a comprehensive list of SIAST's transfer credit options, visit [goSIAST.com](http://goSIAST.com).

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Here's what students have to say about their online studies through eCampusAlberta. Kristie Fehr works as an educational assistant at a school in Innisfail and recently returned to college to earn her certificate in the online educational assistant program.

"I have been able to get a post-sec-

ondary education, take part in my children's day-to-day life and maintain my sanity with the ability to balance everything all on my own time schedule, thanks to eCampusAlberta."

Well, one click on the computer, you're into eCampusAlberta," Gannon says.

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## Learn from the greats

There are many projects that educational institutions can choose to distinguish themselves from others. M.C. College chooses

the North America Hairstyling Awards (NAHAS). These awards bring together the very best stylists and makeup artists from across North America. The NAHAS are a photo-based competition where competitors submit photos of fashion looks. The student category requires that each student submit three final looks.

Once the voting is completed and the results tallied a 2010 M.C. College Star is Born! winner will be named. The submissions will then be sent to the NAHAS to compete against other student stylists from across North America. The students working with their instructors must then fulfil

the requirements of the competition and meet the necessary deadlines.

The awards take place in July at Mandalay Bay in Las Vegas. For the past four years, M.C. College has taken all the students who enrol in the June hairstyling program to the awards ceremony. It is an important glimpse at the highest level of achievement in the salon industry. Last year over 90 M.C. College students and staff attended the awards. Once again this year, M.C. College will be taking all students from the June hairstyling program to Las Vegas for the awards. For more information on the awards, visit <http://probenity.org/na/ha> or to enrol in the Hairstyling program at M.C. College, visit [www.mccollege.ca](http://www.mccollege.ca) developed by

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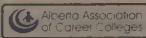
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# An economy of education

In Canada, Thompson Rivers University, Open Learning (TRU-OL) is one of the leading distance education providers, offering a viable option for learners looking to engage in or return to post-secondary studies, despite their current life and work situation or their ultimate educational goal. Offering more than 100 individual courses and more than 53 programs available for completion by distance and online learning, students have access to a variety of programs such as certificates and diplomas, including advance and post-baccalaureate, associate degrees, and bachelor's degrees. Students who complete a program through Open Learning will receive a Thompson Rivers University (TRU) credential that is fully recognized by the Association of Universities and Colleges of Canada, of which TRU is a member.

Most of TRU-OL's distance courses are self-paced, which means students can organize their specific educational needs and goals within the framework of their lives. Benefits include:

- Flexible course delivery through online and/or print formats
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- Minimal admission requirements
- Ability to transfer credits from other institutions
- Ability to gain credits for knowledge gained through previous work experience

TRU-OL recognizes that many learners are entering post-secondary education with

a plethora of past credit or life and work-related learning, which can translate into knowledge relevant to their education.

Prior Learning Assessment and Recognition (PLAR) can help award credit for learning achieved through work and life experience.

PLAR provides adult learners with the opportunity to have the knowledge and skills which they have gained through work and life experience, assessed and recognized in the form of academic credit and/or occupational or professional certification. While globally identified by various acronyms, PLAR is widely recognized as an important component of lifelong learning policies required to remain competitive in the globalized economy. It has the potential to save governments and individuals, time and money as they work to raise educational levels. The development of PLAR is commonly linked with the establishment of National Qualification Frameworks, as seen for example in Australia, England and Scotland. The Virtual University of the Small States of the Commonwealth has also recognized the development of PLAR as the natural sequel to the recent achievement of a Transnational Qualifications Framework.

"Prior Learning Assessment and Recognition is an important component of Open Learning at TRU," said Judith Murray, TRU-OL vice-president. "We believe in and support the creation and advancement of knowledge in this field, along with the development of best practices and international standards."

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At the University of Lethbridge, recent graduate Selina Dolberg (BS, '09) did just that.

"I didn't know at all what I was heading for when I started university," she says. "I liked biology and chemistry, so I started as biochemistry major. As a student, the hands-on experience at the U of L allowed me to work in six different research labs, attend an undergraduate competition in Boston and even visit Hong Kong for the international experience."

Now, Selina's on her way to medical school.

With approximately 8,000 students, the U of L is large enough to ensure that your education is rich with opportunities, yet small enough to remain dedicated to a personal experience.

Just ask Stacey Fujiwara, a U of L management student who is leading 53 management students to the largest business student case competition in Western Canada.

"I've turned theory into practice through co-op work placements, the Integrated Management Program, applied consulting and case competitions," Fujiwara recalls. "Those experiences helped me to find

mentors and develop relationships within the community."

With more than 150 degree and program options to choose from, students can pursue a degree from Arts and Sciences, Education, Fine Arts, Health Sciences, Management and Graduate studies. You can enhance your degree and enrich your university experience by:

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- Taking part in paid co-op education opportunities that offer the opportunity to try different careers and meet prospective employers.

- Creating your own independent study alongside a professor in a subject you're interested in studying.

Kyle Shaw, a fourth-year history major, is enhancing his degree in a unique way.

"I always loved history, but I randomly found another passion when a friend encouraged me to apply for firefighting," says Shaw. "I got into it and loved it. I'm particularly interested in the history of firefighting and wildfires, especially up north where the situation is currently spiralling out of control." "At the University of Lethbridge, I am using my history degree to create my future."

See "Student support," page 22

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## Student support Continued from page 21

The University of Lethbridge offers a supportive student environment. The campus, which is set into the unique coulees of southern Alberta, offers a friendly atmosphere designed to focus on student experiences. Students can go to concerts, see the latest theatre productions and cheer on the Pioneers' athletic teams, as well as stay active in a state-of-the-art fitness facility, take part in cultural awareness weeks and joining in a variety of clubs around campus. First-year students can also join the University's New Student Club, which helps connect students who are new to the institution. Lethbridge is also well known for its

affordability and low cost of living. With a population of more than 85,000 people, students living off-campus can commute anywhere in the city in just 10 to 15 minutes.

Another key factor in deciding which institution you are attending is cost. The University of Lethbridge recognizes that education is an investment and is offering to help with your tuition.

If you apply to the University of Lethbridge by March 1 for fall 2010 admission, you'll have a chance to be entered into a draw to receive a four-year full tuition award, valued at nearly \$20,000.

To apply to the U of L or for additional details, visit [DISCOVER.lethbridge.ca](http://DISCOVER.lethbridge.ca).

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STOP MOTION ANIMATION • REVIEW

# A Town Called Wonderful



Panic-induced stop-motion animation makes for a big birthday for Horse and his friends. BY MICHAEL HINGSTON

**STOP-MOTION ANIMATION MEETS A TOY STORY: METRO'S NEWEST WILL CHARM EVEN A CYNICAL (28-YEAR-OLD)**

## A TOWN CALLED PANIC

Written and directed by Stéphane Aubier and Vincent Patar

Vimeo Cinema (Zedler Hall, The Citadel), Feb. 26-28

★★★★★

BY MICHAEL HINGSTON

It's a question as old as time itself: what do you get a horse for his birthday?

And I know what you're thinking, but he already has a hat. An entire cabinet's worth of them.

Eventually Horse's two best friends, Cowboy and Indian, settle on a handmade barbecue — though by the end of *A Town Called Wonderful*, a manic and delightful 2009 stop-motion animation from Belgium's Stéphane Aubier and Vincent Patar, they probably wish they'd just gone with a gift card instead. A simple slip of the fingers while ordering bricks off of the Internet results in a shipment of 50 million of the things ending up at their doorway, leaving Cowboy and Indian to frantically try to hide the evidence. Before the dust has settled, the three of them will have literally been to the centre of the earth — as well as the bottom of the ocean — and back again.

The film is a spin-off of a Belgian TV series of the same name, where each episode lasted just five minutes. It's obvious that Aubier and Patar come from such a short-form background; every minute — every second — of the feature film is crammed with life and energy. And unlike last year's *Fantastic Mr. Fox*, whose stunning stop-motion design was just a little too pleased with its own cleverness and actually usurped the story being told, the animation in *A Town Called Wonderful* works perfectly in tandem with the narrative. It's endlessly inventive and thorough, but still lo-fi enough to look like an eight-year-old's toy chest spring to life.

Take the house that Cowboy, Indian, and Horse live together in. Aubier and Patar could cut a bunch of corners here and only show us a room or two, but no we see pretty much every nook and cranny in the place, each with its own surreal quirks and ties. Whenever their furniture gets crushed or mishapen, all it takes is one of Horse's snorts, and it pops back to life like a balloon. Navigating these painstakingly crafted objects as Cowboy and Indian who, because of the globs of plastic connecting their feet, are forced to do a sort of crude hobble-shuffle from side to side.

As for that plot... let's see how much I can get across here. After the 50 million bricks topple onto their home, Cowboy, Indian and Horse try to rebuild it — except that someone keeps stealing their walls as they rebuild them. It turns out a group of teenage underwater bat-creatures is responsible (obviously). Cue a massive chase sequence, which takes our

ramshackle horses through a nearby forest, free-falling toward a sea of magma at the earth's core onto a desolate strip of Antarctic tundra, inside a penguin-shaped robot, down to the ocean floor, and back to the village via their neighbour's pond.

Oh, and there's a subplot involving Horse and his piano-teacher love interest.

Also a peanut gallery of supporting characters, including the farmers who live next door, as well as the local policeman and mail carrier.

And did I mention the whole thing is only 75 minutes long?

Exhausting as it may be to try to accurately recount, *A Town Called Wonderful* is a breathless thrill to watch. Countless jokes and other little sight gags zip past at an incredible rate, and Aubier and Patar are clearly filmmakers whose bodies can only barely keep pace with how quickly their minds are generating ideas. It's a miracle that so many of them can fit inside such a small town.



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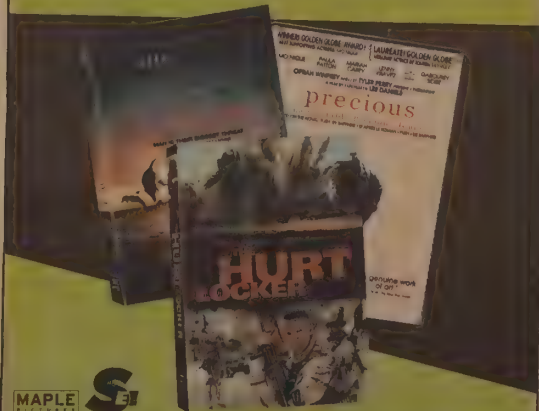
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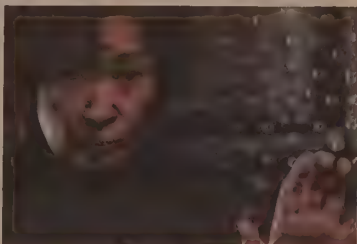


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MATERNAL LOVE • COMMENTARY

## Love Is A Many Splintered Thing



Kim Hye-ja plays a heroic mother in this Korean gem. (PHOTO SUPPLIED)



FREEDOM OF CHOICE: G.H. LEWIS  
**MATERNAL LOVE GETS  
A WORKOUT IN KOREA'S  
BONG JOON-HO'S LATEST  
MASTERFUL FILM**

Korean Director Bong Joon-ho justifiably rose to international critical acclaim with *The Host* (2006), an ingeniously-plotted monster movie that prided itself on intelligent pacing and subversive laugh-out-loud political subtext.

Joan's latest film, *Mother*, was a hit at the 2009 Cannes film festival and once again loon cranks a tremendous film that plays against audience ex-

pecting the underbelly of the social and political hierarchy of "correct" society. From the minute detailing of the incompetence of the local police, to the unspoken pressures of social standing, the film is remarkable in painting a comprehensive portrait of hypocrisy and falsehood without sacrificing narrative drive or esthetic essentials. The film has been rightfully compared to Hitchcock (*Shadow of a Doubt* would be the closest approximation), but Joon is his own artist and the film contains many familiar surprises that are unique to the director's body of work. Once again oddball humor plays an important role in this film and it's a very effective counterpoint to the grim subject matter. Characters are consistently placed in situations that play against type and expectations that foster explosions of uncertain behavior, forcing the viewer to smile and shake their head at the brass-

SEE MOTHER ONLINE AT  
[WWW.GOOGLEVIDEO.COM](http://WWW.GOOGLEVIDEO.COM)

pectation, exploring complex universal themes against the generic genre staple of the mystery revenge thriller. *Mother* tells the story of Hye-ja (a heroic performance by Kim Hye-ja), a ginseng merchant in a dusty provincial Korean town who lavishes all her attention on her mentally challenged son Do loon (played successfully against-type by Korean sex symbol Won Bin). Returning home drunk late one night, Do loon unexpectedly is implicated for the murder of a beautiful teenage girl and subsequently is charged and jailed by the local police.

For the remainder of the film, Hye-ja goes to the ends of the earth to prove her son's innocence, doing everything and anything possible to prove the authorities wrong. There are numerous reasons why *Mother* is terrific, the primary one being the formidable ability that Joon has in

ness and just plain weirdness on display (a staple of loon's other films). It helps considerably that a labyrinth plot is handled in an efficient and straight-forward manner that complements the humor as opposed to calling attention to it. Joon is not renowned for being a self-conscious stylist and this film will certainly not dupel that perception. To call him an anonymous craftsman would be a disservice as well because the film works both as a great noir and a great melodrama. What is fascinating about this film is how it raises questions regarding maternal love and responsibility and how these questions are never addressed until the troubling and heartbreaking conclusion. If you care about international cinema, *Mother* is a great example of tremendous work from an emerging artist who is gaining stature and acclaim with each new film.

## MOVIE GUIDE • WHAT'S PLAYING IN THEATRES

## NEW THIS WEEK

## THE LAST STATION

With a will leaving his work and property to the Russian people, famed author Leo Tolstoy struggles to balance an unmaterialistic life with his fame and fortune.

### A TOWN CALLED PANIC

Belgian surrealism and a rock n' roll sensibility define this feature of animated plastic toys living in a papier mâché world where panic is an essential thread of everyday life.

## MARY AND MAX

A chubby 8-year-old Australian girl and a middle-aged Jewish New Yorker with Asperger's Syndrome demonstrate a special bond and explore life's many surprises as pen pals snapping 20 years.

## COP OUT

Bruce Willis plays a veteran NY cop whose rare baseball card, which he wants to use to pay for his daughter's wedding, is stolen by a memorabilia-obsessed gangster, and he hires his partner to help get it back.

## THE CRAZIES

A strange toxin affects the residents of Ogden Marsh, Iowa, rendering them psychotic before dying. The town's sheriff teams up with a few other unharmed folks to make sense of the situation.

**CELINE: THROUGH THE EYES OF THE WORLD**  
This musical documentary lets fans relive Celine Dion's 2008/2009 Taking Chances World Tour, second largest in ticket sales only to Madonna.

## SHUTTER ISLAND

Leonardo DiCaprio plays a U.S. marshal in the 1950s, sent **B** investigate the escape of a murderess from Boston's Shutter Island Ashecliffe Hospital. But he's finding opposition from the doctors, whose treatments range from unethical to absolutely sinister.

## THE WOLFMAN

A young nobleman returns to the English hamlet where he grew up to find his missing brother. But an official from Scotland Yard

also arrives to investigate an evil beast that's been killing townsfolk under the full moon.

## VALENTINE'S DAY

Featuring an all-star Hollywood cast, Valentine's Day explores this holiday the commercial influences, romance, heartbreak and various pressures inevitably involved.

PERCY JACKSON & THE OLYMPIANS:  
THE LIGHTENING THIEF

Learning he is the descendant of a Greek God, a high school student becomes embroiled in a battle between the Gods while embarking on a mission to find his missing mother and Zeus's lightning bolt.

CRAZY HEART

Bad Blake's a country singer on a steady slide into obscurity behind the new country sensation he once mentored. Bad pours what little heart he has left into Jean, a small-town reporter and single mom who just can't help but become wrapped up in Bad's gruff but sweet sensibility.

## DEAR JOHN

Savannah falls for John, a Special Forces soldier. When 9/11 strikes, John's sense of duty promises to keep them apart for an insufferable period and the two exchange countless handwritten letters as the time passes.

## FROM PARIS WITH LOVE

John Travolta plays Charlie Wax, a top U.S. government operative whose methods are unorthodox. Wax is sent to Paris to break up a terrorist ring that is threatening to disrupt an African aid summit.

★ ★ ★ ★

## A SINGLE MAN

Love interrupted: isolation and life's little things are played out during a day in the life of George Falconer (Colin Firth), a college professor struggling to find meaning to his life after the death of his long time partner.

## AVATAR

James Cameron might actually be more excited by the release of his movie than the rest

all us put together. Starring Sam Worthington, Zoe Saldana and Sigourney Weaver, this film percolated in his mind for 15 years until the technology to make it happen finally caught up.

★★★★☆

## EDGE OF DARKNESS

Mel Gibson returns in this crime thriller as Thomas Craven, a Boston detective who is investigating the killing of his activist daughter. Unravelling her secret life, Craven also uncovers corporate and political corruption and conspiracy, which someone is desperate to erase.

THE IMAGINARIUM OF DOCTOR PARNASSUS

With the extraordinary gift of guiding imaginations Doctor Parmassus is also cursed having traded his daughter ■ the devil ■ exchange for immortality ■ this captivating, explosive and wonderfully imaginative race against time, Dr Parmassus must undo the mistakes ■ his past ■ a never-ending landscape of surreal obstacles!

**SHOWTIMES FEBRUARY 26-MARCH 4, 2010**

[illegible]



# Caution: The Show May Contain Comedy

**THINK SCTV, EDMONTON'S NEXT-GEN TV COMEDIANS BUILD ON THE FINE SKETCH COMEDY ROOTS IN OUR CITY**

## CAUTION: MAY CONTAIN NUTS

Airing on APTN, check listings for show times

BY CURTIS WRIGHT

Imagine for one second, if you will, the idea of being funny for a living. I think we all dream of a little bit and some of us even show glimmers of that humour sparkle from time to time but it's nothing that's going to make us any money. Hilarious for a living? A little far-fetched, no? It's not even worth imagining.

Matt Alden, improviser, sketch-comedian and a large part of the Edmonton humour elite, admittedly just scrapes by, but he's found his fortune in funny. Alden is the head writer for *Caution: May Contain Nuts* — a 22-minute weekly sketch comedy series that doesn't hold back the comedic vitriol. Alden has noticed the transition from the stage to the screen isn't as seamless as he and his troupe might like.

"We totally try to do social and political commentary. It's funny though the more we want to say

something with a sketch, the harder it is to get on the air. We've toned down our show quite a bit — that's just what happens. The stuff we would get away with on stage really pushed the lines — but when it's bigger and there are legal implications, it is more difficult. It's a total pain in the ass," laughs Alden. "It's frustrating, especially when you're starting out because you really want to do the sketches that you want to do. People are scared of crossing the lines — offending a particular religion or something. *Family Guy* is 30 times worse than our show."

As the Gemini-nominated show enters its second season, Alden is learning that he and his colleagues have a little more artistic muscle to flex now — and as this happens, the show improves. And, in all likelihood, 'improving' means becoming edgier as a show — and trust me, edgier and funnier sketch ideas are pretty much all Alden wants to talk about.

"It is so funny. The lawyers we work with say, 'Well, you can't do Gandhi because we'll all get sued,' but we're like, 'by who? Gandhi?'," says Alden. "The more we move up as a show, the more people who don't know comedy at all are in control



Matt Alden and gang: the wacky kids of *Caution: May Contain Nuts* (PHOTO SUPPLIED)

But we're getting more control as we move along — so that's nice."

And the more the show increases in popularity and importance doesn't affect the roots of Alden and the *May Contain Nuts* family. He and his troupe are among the top shelf in Edmonton — something he is very proud of. "Everyone says that if you want to make it you have to go to Toronto or Vancouver and I just refused — I'd rather be living poor

stuck it out and we're an example of a group from Edmonton that actually got a show. And we're from the West — this never happens."

## SO WHAT DO WE THINK?

Although it has obnoxious and slightly annoying theme music, *Caution: May Contain Nuts* is quite the gem of a show. In the sketch-like vein of *SCTV* and *Kids in the Hall*, *Nuts* is a well-versed piece of politi-

might be slightly askew — because it seems to be lacking a lot of improv — and the "live audience" and laugh-tracks become a bit nauseating at times, but the program makes up for it in certain laugh-out-loud moments. Matt Alden promises that the second and future seasons will contain more improv, more risqué topics and, as a result, more hilarity. Of course this can only mean that if/when network executives loosen

**THE LAWYERS WE WORK WITH SAY, "WELL, YOU CAN'T DO GANDHI BECAUSE WE'LL ALL GET SUED." BUT WE'RE LIKE, "BY WHO? GANDHI?!"**

cal and social commentary — topics that, when touched by comedy, have a tremendous appeal. Ranging from the Israeli-Palestine conflict to Ab original rights and issues, Matt Alden, Howie Muller, et al deliver. The improvisational aspect of the show

the restriction of what makes it on air and what doesn't (and how this is done), the show will continue to flourish, be nominated for more Gemini awards, and gain new fans. Changing the theme music wouldn't hurt either — just saying.

Seattle's Steve Notley spent 15 days setting up one hilarious joke, Darren Zenko mastered the photo cartoon form, and everyone involved produced at least some work that was sublime, all for the thrill of creativity. Please check it out.

Finally, if you're looking for a rock-solid gig from one of the city's best emerging bands, Jeff Stuart + the Hearts open for Regina collective Library Voices Saturday night at 8 p.m., which you can catch after John Henry Band makes men and women of us all at the Empress at 4 p.m. Lions for Sheep is also on the Pawn Shop bill, which is kind of a good band name, don't you think? Just the first three words, not that entire sentence.

## WILDLIFE (cont'd from p. 12)

last couple years. Back to Europe, though. Lund. "London's all gaga for hipster-country right now. In England it's like hipster cowboy shirts. In France, they try to dress like [real] cowboys," he laughs.

Vive l'Alberta! A sad note, YouTube has pulled Sandra Ojala's utterly hilarious "shreds" videos after alleged copyright complaints. If you haven't seen these, they're a must, a great example of completely underground comedy fanning the globe.

Ojala takes videos of very serious mainstream musicians like Carlos Santana and Iron Maiden, then overdues out-of-tune fiddling which perfectly matches their movement and camera angles. It essentially sounds

like your great grandmother playing Gutar Hero.

Wired online has reposted the vids for now, which you can find with "Santani" in the search box.

Olympus over at chamberofcomics.blogspot.com has ended, a fifteen-day marathon when I joined nine artists from across the continent in producing one comic a day or face expulsion. Local illustrators Nick Johnson and Norm Omar produced brilliant work, especially Omar's savage journals of effective imprisonment on Ft. McMurray's pipelines, which exposed real-life quotes of racist Albertans, but said by colorful animals. Think Nick Park's stop-motion *Creature Comforts*, but set in empathy-free northern Alberta.



## LOCAL ARTIST - PROFILE

# Local Artist On Multitasking And Woodcutting

**THE MULTI-TALENTED  
WARZYNSKI WOWS  
INTERNATIONAL CRITICS, AND  
MAKES A MEAN LOAF OF BREAD**

BY PIOTR GRELLA-MOZEJKO

Is Tad Warzynski busy? No, never. He will sometimes remain almost motionless for hours, apparently oblivious to life passing by, doing nothing.

Nothing? Well, it's all an illusion. Warzynski makes his work look so effortless, it may appear that he is doing nothing, but he will also lock himself up in his workshop for days on end, painting, drawing, carving. But never will he neglect his family. As if he were able to be in more than one place simultaneously, he helps his kids do their homework, makes simple yet scrumptious salads, bakes delicious bread from scratch – and creates mouth-watering art.

Unquestionably, he is a phenomenon. Nobody really knows how he does what he does, how he wastes so much time, yet finds so much time! The persona he projects is friendly, but also puzzling and, to some extent, a little off the wall.

"So be it," Warzynski good-naturedly assents. "Perhaps I'm like my art – please note I'm not saying

my art's like me – driven by paradoxes and contradictions which I've continuously been in love with. I learn from my art. I learn from my materials, both physical and incorporeal, and so I become a work of art," he concludes with a warm, disarming grin, the words made instantly ambiguous by the slightly ironic upward motion of his eyebrows.

"I try to express feelings of uncertainty and suspension," Warzynski continues, "and this is important to me because it produces tension necessary to conduct a meaningful dialogue with the viewer, that ideal interpreter who will try to comprehend. Perhaps thanks to its indirectness and conflict, my art may be perceived as a metaphor for life where nothing is as it seems, everything is open to scrutiny, but endlessly perplexing."

With works exhibited in Bangkok, Boston, London, Paris, Tokyo, Toronto, Seoul, you would expect to see the artist's photo in not on centrefolds, then at least on AGE pages – but no. Unique in his, as he calls it, "stealthy guerrilla" attitude, Warzynski is implacably hostile to playing the game of politics. Often, he will manifestly choose a smaller gallery because the place makes him feel



A sample of Tad Warzynski's woodcuts, recently exhibited at Stony Plain. PHOTO SUPPLIED

comfortable.

Luckily, his art does for him what many artists do for their art. Slowly but surely Warzynski's works find their ways into a broader market and more commissions and invitations to exhibit are coming, like the one he recently received from John Maywood, the curator of a gallery in

Stony Plain.

"John's invitation couldn't come at a better moment," Warzynski says. "My newest series of woodcuts was a result of a project supported by the Alberta Foundation for the Arts and so he is able to show them in such a beautiful, intimate space was very gratifying."

"These woodcuts show real objects like a halved apple lost in abstract dimension. A conflict arises, a sensation which is unspoken and universal at the same time. What I want is to invite the viewers to challenge their perceptions – and mine."

Judging by their recent response, a lot of people seem to be interested.

## COMMUNITY ART STUDIO - PREVIEW

# Art Therapy For You And Me

**ART THERAPIST JEAN TAIT  
WILL HELP YOU EXPRESS YOUR  
INNER YOU AND WORK OUT  
YOUR DEMONS THROUGH ART**

COMMUNITY ART STUDIO

Service Grove Library, Tuesdays, 6:30-9 p.m. until March 30

BY LEANNE MYGGLAND-CARTER

Here it is, nearing the end of February, and the doorway for change I had once again opened, thanks to New Year's resolutions, has already slammed me in the face. I am still eating too many potato chips; I am still watching too many reruns of *The Simpsons*; and I am still re-reading too many *Archies*.

So is this the year to just accept that these things will always be some of my favourite things?

Yes, it is.

And there is no one better to help me stay true to the inner me than Edmonton-area Aboriginal artist and professional art therapist, Jean Tait. Tait has been exhibiting her paintings since 1992 and received her diploma from the Kutenai Art Therapy Institute in Nelson, B.C., in 2008.

Now, despite my *Simpsons* habit, I'm not sure I need therapy, exactly. But Jean has developed just the opportunity and place for all creative types to come together and join forces.



Artist Jean Tait (centre) leads the Community Art Studio in a group setting. PHOTO SUPPLIED

After discovering the OFF Center Gallery in Albuquerque, New Mexico, she decided a local community of artists for "everyone and anyone" was needed a little closer to home. And so it came to be.

It is called the Community Art Studio (CAS) and has recently started ever-so slightly to the west – in Spruce Grove. People of all ages are encouraged to check it out. "Prior experience or skills in art-making are not required," Tait says. "[CAS] is about self-exploration, learning how to find the metaphorical, visual, and verbal associations contained in your artwork. It is not about making good art."

CAS participants are often surprised by their own abilities and talents. "You don't need to be an artist to come... it is all about creating, learning, and meeting others," says

one regular. "You are welcomed and encouraged to explore a variety of projects and try new materials."

Before long, a group forms and begins to share ideas and tips with each other. "The art is the link between the people," says Tait, who has a genuine appreciation for the need of an open art studio. She believes that everyone has a story and anyone can express it. She also knows that most of us are looking for a fun, welcoming, and possibly reassuring experience.

As for me, I am simply curious to find out what metaphors or symbols escape from my never-ending love for artificially-flavoured potatoes, satirically-produced animation, and endlessly-pursued love triangles. And, it will be exciting to safely pass through at least one door that will always be open.

## GRAND OPENING

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saturday

comedy | **LAUGHING FOR CANCER** With help from Tim Kosto, Graham Mel and Kenny V., the Comic Strip proves that laughter is the best medicine. Especially if it can raise some dough for cancer research. 7 p.m.

film| **KEY LARGO** With Humphrey Bogart and Lauren Bacall on the scene, the Florida Keys have never been so hot. John Huston directs this tale of gangsters and their hostages in a shabby South-Florida hotel. Royal Alberta Museum, 8 p.m.

cd release | **JAMIE FOXX** The R&B singer sells his *Body* today. Sorry ladies it's not what it sounds like. *Body* is the title of his latest disc. We have assurances Foxx isn't planning on entering the sex trade anytime soon.

**MUSIC | MONTHLY REGGAE PARTY** DJ Zebra and Junior Brown host the monthly cycle we actually look forward to.  
Red Star, 5 p.m.

**exhibit | THE COLOUR**  
**WITHIN** Gail Echlin, Lynn  
Malin, Angela Grootelaar,  
and Tessa Kunn paint the  
prairie world around us.  
Profiles Public Art Gallery.

**dance** | **COCK-PIT** Yes, this is exactly what it sounds like. Four men play "games that threaten to spiral into violence or desire" in choreographer Wen Wei Wang's production based on his experience as a young man in a Chinese dance school. **Times Centre 8 in 23.**

**MUSIC | MERLE HAGGARD** The king of the Bakersfield Sound rolls into The Venue at the River Cree Resort and Casino for two shows tonight, 5 p.m. and 8 p.m.

**9640-142 ST.**  
**ANIMEDIA PULSAR NIGHTCLUB, 10544-42 AVE.** with John  
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**10544-42 AVE.**  
**THE HOUSE OF FOLKWAYS RECORDS VARGHEUSE**  
**THRU, TOMMY GUNS WAY** With Mark Hummel and Rusty  
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 chowhouse.com

**CORNBELL & THE HURDIE** ALBERTANS JUBILEE  
 ALBERTA, 14555-07 AVE. Tickets: www.ticketmaster.ca  
**PETER BELEK** RYAN'S GROLL (ST. ALBERT) 74 PERFORM ST.

**ALBERTA 7pm.**

**SEAN PAUL, EMMONTON EVENT CENTRE, 6080-102 ST.**  
**SHADOWS FALL, STAIRLIFE ROOM, 10630-102 ST.** With B  
 B, and Baptized in Blood

**TEVOR TRUCH CAFE, LVE, 10553-86 AVE.** 8 p.m.

**VICKING FILL, 26300 SHAG 2ND FL. 10553-86 AVE.** With

TEENIES FOR KEEBERS EMPRESS ALE HOUSE, 1912-82 AVE.  
7pm.  
DJ GUNDAM BLACK DOG FREEHOUSE (TOP LEVEL), 10421  
WHYTE AVE.  
DAVID USSHER'S OFFICIAL RETIREMENT PARTY FL  
LOUNGE, 1005-105 ST. With DJ Kreytate, 10pm.  
EASY DUZ IT THURSDAYS THE COMMON, 10124-124 ST.  
With DJ's Shortee and Sonny Gomez.  
GONE SHOW RINGO FILTHY MCNASTY'S, 10514 WHYTE AVE.  
NOTORIOUS THURSDAYS DANCEHALL STOCKJ, #201  
10358 WHYTE AVE. With DJ Footnotes and Conscience.  
POTATO BRICK BRICK BAR & GRILL, 10330-102 ST. With

**ROMPY SHAKIN THURSDAYS** WUNDERBACH HOFBRÄUHAUS, 8120-101 ST. WICH(D) THermo.  
**SIN THURSDAYS** LUCKY 13, 1055-82 AVE. WICH(D) Mike Turely  
**SUMERS TEMPLE THURSDAYS** TEMPLE, 10030-102 ST. Doors at 9 p.m.  
**THIS IS IT THURSDAYS** FLUID LOUNGE, 10105-109 ST. 10 a.m.  
**THUMBBACK THURSDAYS** PROHIBITION, 11025 JASPER AVE. WICH(D) Service  
**THURSDAY FOLIO** SHO HALL, 10538 JASPER AVE. WICH(A) 8 p.m., 82 Degree, and Junior Benet  
**TIGHT LIPS THURSDAYS** BLACK DOG FREEHOUSE (MAIN LEVEL), 10425 WHITE AVE. WICH(B) and Brosnake  
**TOWPULSE SOUNDSYSTEM** BLACK DOG FREEHOUSE

THE ALBERIA PLAYBOYS'S CROWN PLUS, 10709-109 ST.  
428-5818.

ALTHEA CUNNINGHAM DUO CARROT COMMUNITY ARTS  
OFFICE HOUSE, 9351-118 AVE, 7:30 p.m.

BY DYVINE BRIGHT HAVEN SOCIAL CLUB, 15204 STONY  
LAIN RD, With Make Make.

DORB LUND & THE HURTING ALBERTS EDMONTON  
VENTURE CENTRE, 8882-170 ST. Tickets: [www.ticketsmaster.ca](http://www.ticketsmaster.ca)

RUMKELLER YARDBOIRD SUITE, #11, TOMMY BANKS WAY

**THE FROLICS MEAD HALL, 10940-166A ST.** With The  
resent Heights, Whiskey Wagon, and Fire Next Time. 8 p.m.  
**HEADWIND JACUZZI & HYDIE PLUS, 10209-100 AVE.** 9 p.m.  
**ETLAGE FRESH START BAKERY & BISTRO, 484 RIVERBEND**  
**SQUARE.**  
**IM SERENADAR FRESH START BAKERY & BISTRO, 484**  
**RIVERBEND SQUARE.** 7 p.m.  
**WE MUSIC STEEPS (OLD GLENORA), 12411 STONY PLAIN**  
**DR.** 8:30 p.m.  
**OWESOME RIVER BAND ROYAL ALBERTA MIXES.**  
**HEART, 12345-102 AVE.** With the 8ix Mix Boys. 7:30 p.m.  
**ARKIE THUMAS & THE BLUES SURVIVORS BLUE CHAIR**

PRE, 9524-76 AVE. 8 p.m. Tickets: 989-2861.  
 KATY MINGLEWOOD CENTURY CASINO, 13103 FORT RD.  
 ERIEBOTHRA HARPOZAFALLS TAP HOUSE, 9020  
 CLENNY AVE. ST. ALBERT With Neural Manifest. 8 p.m.  
 LANDSCAPE STABILITE ROOM, 10020-102 ST. With The  
 Sakeados and No Witness. 9 p.m.  
 THE WHEAT POOL PAWN SHOP, 2ND FL., 10950-82 AVE.  
 9 p.m.

**Js/Club Nights**  
PLAY FRIDAYS ENCORE CLUB, 4176, 957-FR ST. WITH DJ  
IN THE AUDIENCE  
CEMENT BLOWOUT THE BANK ULTRA LOUNGE, 10785  
LASPER AVE. Featuring DJ Liv Forre, with Polyesterday and  
DJSE. 9 p.m.  
FIRE FRIDAYS LUCKY 13, 10551-82 AVE  
LIVE IN FRIDAYS HALL, 10538 LASPER AVE  
RAMONE NEW CITY, 10681 LASPER AVE. 9 p.m.  
IMPACTED FRIDAYS THE BANK ULTRA LOUNGE, 10785  
LASPER AVE. Local house and international guest DJs.  
ARROW CHASER BUDDY'S PUB, 11252P LASPER AVE.  
Jr.  
CHRISTIAN GAS PUMP NIGHTCLUB & BAR, 10366-114 ST.  
DJs Travis.  
DOOMYAN NEWCASTLE PUB AND GRILL, 8100 90 AVE.

[illegible]

**SEXY FRIDAY 180 DEGREES, 10730-107 AVE.**  
**SOLICE FRIDAYS ROUGE LOUNGE, 10117-117 ST.**  
**STUPID FRESH TWILIGHT AFTERNOONS, 10109-105 ST.**  
 With Van Damage and Floorlayers. 2 a.m.  
**T.G.L. PSYDAYS BRICK BAR & GRILL, 10030-102 ST.** With  
 koturnal and guests. 9 p.m.  
**UNDERGROUND SOUND ATTIC BAR & LOUNGE, 10407**

**Live Music**  
**THE ALBERIA PLAYBOYS** MARYBETH'S COFFEE HOUSE.  
 300-310 AVE. BEAUMONT Info: 929-1203.  
**ALVIN "YOUNGBLOOD" HART** BLUE CHAIR CAFE, 9524  
 AVE. WILCHIE B.C. Park 8 p.m. Tickets: 989-2861.  
**HART + MUZZAN** ART GALLERY, 10579-114 ST. A night of local  
 and live music with Babe Lloyd & Personal Best. 9 p.m.  
**BLUEBIRD NORTH HAVEN SOCIAL CLUB, 15204 STORY**  
**LAWN RD.** With Chloe Albert, Kurt Danner, Bob Jahring, and  
 Joe Nolan.  
**THE CANADIAN TENDERS RIVER CREE RESORT AND**  
**ALPINE WHISKEY RD. & WINTERBURN RD. ENOCH 8 p.m.**  
 Tickets: www.ticketsmaster.ca

8PM  
GRAVE NEW WORLD TAPHOUSE, 3000 MCCLENNAN AVE  
ALBERT HORN Monday and on The Showdowns, 9PM  
THE BROTHERS OF THE BRASS MONDAY PRESERVE, HAWKLEY  
10PM WHITE AVE Live acoustic 4 PM  
LIBRARY VICES PAWNS 900 2ND/1ST, 1055-82  
Lions for Sheep, and Jeff Sotnick 10PM  
THE MUSIC OF CHESDRESS REMEMBRANCE PAUL  
GILL, 608-50-50 Live "Crawdad" Cantata and more

9PM  
FUDGE MUSIC, WYOMING WINE CENTURY CASINO, 1010  
HURD RD 7pm Tickets: [www.centurycasino.com](http://www.centurycasino.com)

10PM  
PRETHERNS WITH FRIENDS MCDONALD ALLIANCE  
CROWD, 1020-51 2ND St A benefit concert in support of  
FASD 7-9pm info: [www.foamscare.com](http://www.foamscare.com)

11PM  
SHARP ENDS THE AFTERGLOW 1055 ALPINE AVE WYBOSCH  
10PM-11PM  
THE SPECTRUM OF MICE SINGER HIGGINS ROOSTER, 800  
ST WICH-Daniel Rose, Terry LaRocca & Bryan Miller 10PM  
Tickets: [www.cashinthehouse.com](http://www.cashinthehouse.com)

STAMPED OUT COUNTRY BREW BAR & GALLERY, 1000-1022 5TH  
Avenue 7PM

11PM-12AM  
THE CHRISTIAN REFORMED CHURCH, 1000-1022 5TH  
AVE 7-10PM A Kickapoo concert with Matt Whitmore, Quince  
Moore, Dean and Katerpiller, and the Shumaker and Kelly  
ensembles 7-10 PM Tickets: 400-5197www.  
[foamscare.com](http://www.foamscare.com)

SUMMER HONOLULU PARTY NORTHGATE LOOKS SE  
10PM

**DJs/Club Nights**  
**BASS FUNKIN' BLOWS STARGLITE ROOM, 10030-102 ST.**  
 With Free Nasty, and Fort Knox 5, 9 p.m.  
**BU JACK FOR USHER CHORUS NEW CITY 10091 10 SP**

With DJ Gerrish, Anonymous, and Blue Jay.  
 DJ CHRISTIAN GUS PUMP NIGHT/11B & BAR, 1036-1144  
 With DJ Treves.  
 DJ EARTH SHIVER // 10 QUAKE BOOBY'S PLP, 10750  
 JASPER AVE. 8 p.m.  
 DJ SEXXXY BOOBS BAR, 10242-106 ST.  
 DJ SHERI NEWCASTLE PLP AND GRILL, 6108-90 AVE.  
 DJ SOUNDWAVE BACKROOM YOGA BAR, 10344-82 AVE.  
 DANCE HALL REGGAE NIGHT 108 CEGANES, 10730-10  
 With Generation IVEXCI. Doors at 11 p.m. 414. 0233  
 DOUBLE PLATINUM LONG LIVE DISCO THE COMMON  
 1024-124 ST. 9 p.m.  
 FOR THOSE WHO KNOW HALO, 10530 JASPER AVE. W.  
 JUNIOR BROS. Like Morrison. Host: Deborah and Al Rio  
 FREQ MASTY STARLINE ROOM, 1030-102 ST.  
 GONE GOLD FLUID LOUNGE, 10105-109 ST. With Hame

LADIES NIGHT FILMY MUSICISTS, 10274 WYTHE AVE.  
 LADIES NIGHT THE BARK LOU LOMAX, 10755 AYES  
 LADIES NIGHT THE BARK LOU LOMAX, 10755 AYES  
 LADY LUCK SUNDAYS (LUDY LUCK) 8:30-9:30 PM  
 THE MENACE SUNDAYS BLACK DOG FREEDOM  
 LEVEL, 10245 WYTHE AVE.  
 OLD SMILE! TUESDAY 10:00-10:30 PM With Degree, Claude  
 Commeney and Ed Sattin 9:00 PM  
 OPEN HOUSE SATURDAY 10:00-11:00 PM AND ALEX  
 LAMBO LOUNGE 10:00-11:00 PM 9:00 PM.  
 THE SWEEDY BALL GOLFSTRICKER CLUB 8:30-9:30 PM  
 ST. WIT'S D'NE LAZ Macdon, Ben, Bing, Ayle Krone, Eric  
 and Anthony 8:30 PM  
 SIGNATURE SOUND SUNDAYS LEVEL 4-LOUNGE, 10245  
 WYTHE AVE WITH DJ, Tavis, Mantis, Big Daddy, The  
 Bunch 8:30-9:30 PM  
 50 SWEET SATURDAYS ENCORE CLUB, 1014 952-97-91  
 With Lou Jones  
 SOULFUL SUNDAYS GUNBAR SHY LOUNGE, 505-15-  
 AVE 9:00 PM  
 SOUND IT UP BLACK DOG FREEDOM (TOP LEVEL)  
 10:00-11:00 PM  
 SOUNDWAVE WEST EMBROIDER HALL, 8842-20 ST  
 beach party at the World Water Park With DJ and  
 Mary Hawn, Kevin, Hershey, Ryan Dwyer and PFWO  
 STOLTZ'S SATURDAYS STOLTZ'S, 4204 NORMA HWY  
 AVE With People's DJ

SUGGESTIVE SATURDAYS PLANET MURDER, 1100 P  
AVE 9 p.m.  
SURVIVAL METAL NIGHT RENDEZVOUS PUB, 10108  
UNDERGROUND SOUND ATTIC BAR & LOUNGE, 1040  
WHYTE AVE  
SUNDAY  
**Live Music**  
BOOGIE PATROL, BLUES ON WHYTE, 10329 WHYTE A

**BORIS KOVALOV** ST. GEORGE'S AMERICAN CHURCH  
11737-87 AVE. 3pm Tickets: 439-1421/436-4511.  
**CELTIC MUSIC SESSION** DE VANEY'S IRISH PUB, 901  
AVE. Hosted by Noel-Lynn Zwicker. Doors at 4 p.m.  
**DAVE WALKER** HAVEN SOUND CLUB, 15234 STORY PL.  
**JAZZ ON THE SIDE** SUNDAYS BLUE PEARL, 10643-122  
ST. JOSEPHINE VAN UER 1ST PRESBYTERIAN  
CHURCH, 1025 ST. CD release 3 p.m. Tickets: [www.1025theatrearea.org](http://www.1025theatrearea.org)  
**PETROL ROLLING ROYAL** COACH DINING ROOM, 4274-4  
AVE. 5 p.m.  
**RAYLENE RAMON** FESTIVAL PLACE, 100 FESTIVAL HWY.  
SHERWOOD PARK With Cindy Church and Susan Crowe

**DJs/Club Nights**  
**CLUB BEATZ** BUDDY'S PUB, 11728 JASPER AVE.  
**GET DOWN SUNDAYS** NEW CITY, 1008 JASPER AVE.





**Artists by Edge Direct**, info: www.youngsa.com/422-6223  
**FOR THE LOVE OF ART WEST** @ GALLERY 1208 ASPER  
 FEB 17 TO FEB 22 Group show featuring their most recent  
 paintings. Tickets \$40-500.  
**FRIENDS AND STUDENTS OF WILLIE WONG** @ GALLERY  
 9010-2800 BROADVIEW RD. SHERWOOD PARK FEB 17 TO FEB 22  
 Various artists' influences from the artist's life. Tickets \$20-625.  
**GROUP SHOW CENTRE STAGES VOICES OF CALISTO**  
 9010-2800 AVE. TO MAIR TO Paintings, sculptures, artwork  
 and posters by various artists. Tickets \$40-500.  
**WE HAVE BEEN 40 YEARS** @ GALLERY 9601 WHITE AVE.  
 TO APR 10 40 paintings by David Greenberg honoring  
 40 years of marriage and family life. Tickets \$40-500.  
**INAGUE MARKET PRODUCE** @ GALLERY 1208 ASPER TO PERFORM  
 ST. ALBERT FEB 27 27 paintings by Robert Dymnikoff. Tickets  
 450-4333 www.artistsmarket.ca  
**IMAGE MARKET** @ GALLERY OF ALBERTA, 828 WILSON  
 UNIVERSITY DRIVE FEB 27 27 paintings by Robert Dymnikoff  
 by Karthi. Info: www.youngsa.com/422-6223  
**IN MEMORIAM HARTCOCK PHOTOS** @ GALLERY 380 FULFORD  
 100-5014 FEB 27 TO MAR 20 Larger-scale mixed-media painting  
 by Connor Deane. Tickets \$45-400.  
**INNOVATION KASIA GALLERY** 1045-47 AVE. FEB 28  
 Various artists. Tickets \$40-500.  
**MUCH MORE HUNTSVILLE** @ ALBERTA MUSEUM  
 284-5122 FEB 28 TO APR 6 An interactive exhibit which brings  
 some of the author's famous children's stories to life. Tickets  
 450-5000.  
**MURDER OF CROWS** @ GALLERY OF ALBERTA, 828 WILSON  
 UNIVERSITY DRIVE FEB 28 TO MAR 10 An art installation by  
 David Cardell and George Barnes Miller. Info: www.youngsa.com/422-6223  
**MYSTERY AND MEANING** @ GALLERY AT MILLER, STANLEY  
 A. MILLER GALLERY GALLERY SQUARE TO FEB 28 Images by  
 Douglas MacGregor.  
**PARADISE THE MYSTICAL GALLERY** 1045-47 AVE. TO MAR 10 An  
 exhibit using the fundamental principles of alchemy.  
**SEEDS IN DISGUISE: THE BIOLOGY AND USE OF ORNAMENTAL  
 SEEDS** @ ALBERTA MUSEUM, 284-5122 FEB 28 TO APR 6  
 ST. ALBERT TO MAY 10 An exhibit featuring ornamental  
 seeds in jewelry, trinkets, and ornaments. Info: www.youngsa.com/422-6223  
**A SHOW IN THREE ACTS: BARRY THE HERO, FLIGHT, &  
 ROSES AND BULLETPROOF** @ GALLERY SQUARE 9010-2800  
 AVE. TO MAR 10 Drawings and paintings by Marilyn Foulk.  
 Tickets: 411-1030 www.sideshowgallery.com  
**STORM ROOM ART** @ GALLERY OF ALBERTA, 828 WILSON  
 UNIVERSITY DRIVE FEB 28 TO MAR 10 Explorations into the creative  
 power of sound by David and George Barnes Miller.  
**SWEET BEATS AND SILENT TENTS** @ ALBERTA MUSEUM  
 THEATRE 1020-50 AVE. MAR 2 A wide variety of visual and  
 performance art. Tickets \$40-500.

**THIRTY ALBERTA CRAFT COUNCIL** 1008-106 AVE. TO APR 7  
 30 artists and writers selected from a selection of long-term  
 emerging and new members of the 74 Alberta Craft  
 Council. In celebration of its 30th anniversary.  
**TO CALL MYSELF BELIEVED** @ ALBERTA GALLERY 1030-47  
 AVE. FEB 27 Mixed-media by Mark Fuchs-Phyllis.  
**THE WORKS CANVAS** @ GALLERY 1030-47 AVE. FEB 27  
 102 AVE. FEB 27 Mixed-media by Mark Fuchs-Phyllis.  
**TO CALL MYSELF BELIEVED** @ ALBERTA GALLERY 1030-47  
 AVE. FEB 27 Mixed-media by Mark Fuchs-Phyllis.

**DANCE**  
**CINQUELLA** @ HORTON STAGE, 1001 CALADROU  
 SPRUCE GROVE FEB 28 BAHAI HOLIDAY 2 p.m. Info:  
 www.hortonsstage.com/902-4975.  
**SENIOR DANCE** @ HORTON STAGE, 1001 CALADROU  
 SPRUCE GROVE FEB 28 BAHAI HOLIDAY 2 p.m. Info:  
 www.hortonsstage.com/902-4975.

**THEATRE**  
**COURAGEOUS CITIZEN** @ THEATRE 1020-50 AVE. FEB 28  
 TO MAR 10 Various film events at Cohen, Michael Heslop,  
 Kim Morrison, Melissa MacPherson, Brandon McGowan,  
 Patrick MacLennan, and Maurice Breen in the story of an  
 idealist of celebrities going on rights events society.  
 Tickets: 1-877-522-5222.  
**GOOD VIBRATIONS: SUMMER OF '68** @ JUBILATION  
 DINNER THEATRE (NEMO) TO MAR 28 A teenage boy who  
 is looking ahead during summer months. Tickets: 450-5000.  
**THE LAST DAYS OF THE AMERICAN WEST** @ JUBILATION  
 DINNER THEATRE (NEMO) TO MAR 28 A teenage boy who  
 is looking ahead during summer months. Tickets: 450-5000.  
**THE LAST DAYS OF THE AMERICAN WEST** @ JUBILATION  
 DINNER THEATRE (NEMO) TO MAR 28 A teenage boy who  
 is looking ahead during summer months. Tickets: 450-5000.

**COMEDY**  
**AARON FOSTER COMEDY FACTORY** 404, HAWTHORNE  
 BLVD. FEB 27 TO FEB 28 Thursday and Friday 8:30 p.m. Saturday  
 8 p.m. Info: 466-6900.  
**AMATEUR NIGHT** @ LAUGH SHOPS 2ND FLOOR, 1030-47  
 WHITE AVE. Every Tue. and Wed. 10 p.m. Info: 470-1004.  
**AMATEUR NIGHT** @ LAUGH SHOPS 2ND FLOOR, 1030-47  
 WHITE AVE. Every Tue. and Wed. 10 p.m. Info: 470-1004.  
**BROWNS ON BROWNS** @ THE COMEDY THEATRE (NEMO) FEB 28  
 TO MAR 10 Various film events at Cohen, Michael Heslop,  
 Kim Morrison, Melissa MacPherson, Brandon McGowan,  
 Patrick MacLennan, and Maurice Breen in the story of an  
 idealist of celebrities going on rights events society.  
 Tickets: 1-877-522-5222.

**AVE. Professional and amateur comedians, every Sat. 9 p.m.**  
**HT OR MISS MONAGHAN'S THE COMEDY STRIP** (NEMO) Feb 28  
 to Mar 10. Tickets: 450-5000.  
**THE HYDRAWAY COMEDY NIGHT** @ HYDRAWAY ALL AGES  
 ART SPACE, 1020-50 AVE. Tue. 9 p.m.  
**LAST CALLS** @ LAUGH SHOPS 2ND FLOOR, 1030-47  
 WHITE AVE. FEB 27 TO FEB 28 Tickets: www.thehydraulic.com  
**LAUGHING FOR CANCER** @ THE COMEDY STRIP (NEMO) FEB 28  
 Live action and comedy show. 5 p.m. Tickets: 450-5000.  
**MICHAEL NOSTA** @ THE COMEDY STRIP (NEMO) FEB 28  
 Live action and comedy show. 5 p.m. Tickets: 450-5000.  
**STAN THOMPSON** @ YORK YOUTH, CENTURY CASINO FEB 26-27  
 Live action and comedy show. 5 p.m. Tickets: 450-5000.  
**THE COMEDY STRIP** (NEMO) FEB 28 TO MAR 10  
 Live action and comedy show. 5 p.m. Tickets: 450-5000.

**IMPROV**  
**DI-NASTY** @ ALBERTA THEATRE 1020-50 AVE. Live  
 improvisational comedy. 8 p.m. Tickets: 450-5000.  
**THEATRESPORTS** @ VARIOUS THEATRES 1020-50 AVE.  
 Live weekly improv show hosted by Rappo Fire Theatre.  
 Every Fri. 8 p.m. 510 at the show. Info: www.improvtheatre.com

**READINGS & LECTURES**  
**AN EVENING OF POETRY** @ CRUST CAFE 1090-96  
 AVE. MAR 10 7 p.m. Info: 466-6900.  
**BROWN BOOKS** @ STANLEY A. MILLER LIBRARY 87  
 WILSON UNIVERSITY DRIVE FEB 28 TO MAR 10  
 Various authors and artists sharing unique views with  
 local readers. Every Sat. 10 a.m. 2 p.m. Info: www.thebookstore.ca

**COMMUNITY ART NIGHT** @ NAGGERY CENTRE, 904-711  
 AVE. Adult art. Tickets: 9 p.m. 9:30 p.m. Info: 474-7011  
**DEEP IN YOGA** @ SHAWY YOGA STUDIO, 40 1020-50 AVE.

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31	32	33	34	35	36	37	38	39
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53	54	55	56	57	58	59	60	61	62	63	64	65
66	67	68	69	70	71	72	73	74	75	76	77	78

## IT'S A TOUGH JOB

**BUT YOU TOTALLY GET USED TO IT.**  
 JONESIN CROSSWORDS by Matt Jones  
 C2008 Jonesin Crosswords (editor@jonesincrosswords.com)

- ACROSS**
- 1 Convertible's cover
  - 2 Frowned-up-on aerosol chemicals, for short
  - 3 Controversial flavoring
  - 4 Without a compass
  - 5 Slave in Pearl S. Buck's "The Good Earth"
  - 6 16-Phone program
  - 7 Her hair hissed
  - 8 Rapper with the hit single "How Low"
  - 9 Anguish over a huge credit card bill?
  - 10 Goes to the TV screen
  - 11 Waste of fireworks
  - 12 Bill Cosby's late son
  - 13 Shag, once
  - 14 "Gone With the Wind" plantation
  - 15 "See ya"
  - 16 What pervers did to dream of being more perverted?

- DOWN**
- 1 Flautist Jean-Pierre
  - 2 Title role for Hilary Swank
  - 3 Suddenly lose power
  - 4 Seemed tightly
  - 5 Brewer's kiln
  - 6 Kilt pattern
  - 7 Hades rivalry, it's said
  - 8 Chimney passage
  - 9 Contemptible guys
  - 10 Rickman, in the "Harry Potter" films
  - 11 Red sauce
  - 12 Fuel of life
  - 13 Navigational tracker
  - 14 "Why...?"
  - 15 Scissors users
  - 16 "Soldier of Love" singer
  - 17 Flavorful
  - 18 I may list sped-up terms and conditions at the end
  - 19 Garage sale condition
  - 20 Take back property
  - 21 Hattery noise
  - 22 Fro-yo establishment, for short
  - 23 Earmark
  - 24 It's cheaper by the dozen
  - 25 Threesome
  - 26 "Finished!"
  - 27 Where the diving boards are
  - 28 "Tristram Shandy" author
  - 29 President who won the Nobel Peace Prize
  - 30 College application pieces
  - 31 Take shots (at)
  - 32 String quartet member
  - 33 The Bee
  - 34 Inflated self-images
  - 35 In the center of
  - 36 Dir. opposite NNE

**WIN PASS FOR TWO**

**ALLIANCE**

**WVS FILMS**

**BROOKLYN'S FINEST**

**THURSDAY, MAR 4th @ 7:00 PM**

**EMPIRE CITY CENTER**

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ASTROLOGY • FEB. 25-MAR. 3 • BY THE KID

## CRUISING THE COSMOS

## PISCES (FEB. 25-MARCH 3)

Remember that telemeter promise you made to yourself last week? Well, if you don't work it lessor! If you could weed up in deep doo-doo. Now before you go and get all boo-hoo and teary-eyed, you don't know how really it really is until you've tried. You'd be surprised how easy it can be to manifest your destiny!

## ARIES (MARCH 3-APRIL 19)

Peter Piper may have picked a pound of pickled peppers, but unless he proceeded properly, he couldn't mistakenly taken a tiny teardrop. In case you don't know, this teeny pepper from North Mexico is the times throat to the habanos. How hopefully what you've learned is to be extra choosy this week and not get burned!

## TAURUS (APRIL 20-MAY 20)

Suitor of steady steady-steady-firm-with-stubbornness-to-burn Taurus. Can anything tempt you to deviate from your decision to dwell in this pasture? You better hope so. How else are you gonna learn that although the grass may not be any greener on the other side of the fence, that doesn't mean it ain't gonna be tastier if lessor expense!

## GEMINI (MAY 21-JUNE 21)

Don't be dissuaded by the dearth of development in your dream. It's all part of nature's grand scheme. Take the egg, for example. It just sits there and doesn't do a damn thing for days. If you crack it before it's ready though, you only get one breakfast. Let it hatch and the eggs the chicken'll provide for you'll be almost endless!

## CANCER (JUNE 22-JULY 22)

This week, you're kinda like Conan the Barbarian in that you've been fooled by a foe and hung out to dry on the Tree of Woe, with nothing to do but scare off vultures by occasionally bittin' 'em in the neck. But time'll pass. The odds someone's gonna cut you down so you can kick ass aren't that small. You are the star of the flick after all!

## LEO (JULY 23-AUG. 22)

The intense fire that you carry within can be used either for virtue or for sin in this case, the definition of sin would be furthering yourself at the expense of strangers, friends or kin. Use your flame this week to cook, not to burn, and you won't have bad karma attached to the money you earn!

## VIRGO (AUG. 23-SEPT. 22)

Right now, it's all about keeping a low pro, stayin' on the down-low and not rockin' the porcelain. Besides that, ain't nothin' happenin' anytime soon, at least not 'til next week's lucky Virgo full moon (who'll bestow upon you a bountiful boon). This week, if you wanna get that far, you'll do your best to fly below the radar!

## LIBRA (SEPT. 23-OCT. 22)

Because you Libra have an inherent ability to observe things from different perspectives, you figure things out quickly and would make good detectives. But that's why you also get easily bored — once you've worked out a problem, it immediately gets drawered. Well, don't throw this one into the heap 'cause the solution you see is only superficially deep!

## SCORPIO (OCT. 23-NOV. 21)

You've got power aplenty but what should be understood is that you can use your power just as easily for evil as good. Of course, you've got to consider karma, too, and the fact that what you put out there'll come back to you. Rein't bad may give your status a boost, but you better be ready when the horns come home to roost!

## SAGITTARIUS (NOV. 22-DEC. 21)

This week, a change is gonna come up on you so fast, you're gonna get caught with your pants down. Now, you can pull 'em up and pretend you weren't fazed, you can brood over it endlessly for the rest of your days or best of all, you could turn it into the new fashion craze. C'mon, you know nobody's better at bein' a trendsetter!

## CAPRICORN (DEC. 22-JAN. 19)

It's a damn good thing you're one of them three mountain goats 'cause nobody else could possibly scale these cliffs like you down-roofed devil machines. Nobody. That's why you're gonna have to go it on your own and leave them behind as they drop. It's tough, but it'll be easier after you find what's waitin' up top!

## AQUARIUS (JAN. 20-FEB. 19)

Ever wonder what it's like to be a fish? Well, you'll find out this week when some angle dangles their bait in your face. Now before your heart starts to race at the prospect of a meal, it ain't the worm that's real. If you bite back, line and sinker, you'll know exactly what kind of fish you are. Scootin'!

## SAVAGE (cont'd from p. 26)

caus are straight. There are 190 million adults between the ages of 18 and 65 in the United States, so that means 70,771,200 adults are engaging in heterosexual anal sex. Four per cent of the adult population is gay, or 7.6 million people. Roughly half — 3.8 million — are gay males. Polls indicate that between 55 and 80 per cent of gay males participate in anal sex. Taking the average — 67.5 per cent — that means a million of gay men having anal sex comes to 7,565,000."

Math is hard, Representative Elliott, but see if you can't wiggle this into your cranial cavity: 70,771,200 is more — a whole lot more — than 2,565,000. Anal sex is a heterosexual pursuit. So if you really want to protect the sacred sanctity of marriage from the unholy taint of penises wiggling in rectums, Representative Elliott, you need to ban straight marriage first. (We needn't protect marriage from lesbians, of course, because lesbians don't have anuses.)

I am a 26-year-old female who likes anal sex. The problem is my boyfriend's dick is too big. It's about nine inches long, but the real issue is girth. I enjoyed anal sex with a previous partner, but my BF and I have done it only once. It was fairly unpleasant, even though we used copious amounts of lube. Are there ways to make anal sex possible for the ass? Aching Needs Anal Love

Stop trying to wiggle that monster into your rectum, ANAL, and focus instead on fingers and toys and orgasms for you, cheeky-fucking for the boyfriend. (Think titty-fucking, but using your ass cheeks instead of your tits.) Have lots of orgasms with toys of various sizes in your ass. Then every once in a while — when you're feeling it, when you're not having your butt menses — ease the boyfriend in. He should stay absolutely still while you get yourself off with your hands or a vibrator. The next time you're feeling it, put him in and let him move around just a little while you get yourself off.

The goal here — and it's a long-term goal — is to make anal sex as pleasurable for you as it is, or will be one day, for the boyfriend. Take your time, ANAL, don't rush things, and thanks for being one of the 70,771,200 straight people out there who prove every day that you can have anal sex and access to legal marriage, too.

I am an 18-year-old female college freshman. My boyfriend is also 18. He recently confided in me that he wanted to wear my panties and a dress while I wore his boxers and fucked him in the ass with a dildo. I have been reading your column since I was 13. Had I never read your column, I might have assumed my boyfriend was gay or thought he was gross or thought I was gross for liking the idea. Instead, I helped pick out a dress I thought would look sweet on him, and we had a wonderful time. Thank you so much!

Loves Boys In Panties

No, thank you, LBIP, because every time a straight girl sticks something up a straight boy's ass, a bigoted state representative dies a little inside.

Find the Savage Lovecast (my weekly podcast) every Tuesday at [thestranger.com/savage](http://thestranger.com/savage). [mail@savealive.net](http://mail@savealive.net)

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## SEX • ADVICE

# The Straight Goods On Anal Sex



SAVAGE LOVE: DAN SAVAGE

**DAN ADVISES A RELUCTANT WIFE, AN ENTHUSIASTIC GIRL-FRIEND, AND ONE HAPPY CO-ED**

I'm writing to you to settle a dispute between my husband and me. We have been married for six years. We're not terribly adventurous, but we're not totally vanilla, either. However, there is one issue that is driving me insane: My husband constantly pesters me to have anal sex. We have tried it in the past, and it is NOT my bag. I don't enjoy it AT ALL. But my husband will not stop pestering me. He thinks if we just keep trying, eventually

ten about a hundred thousand times – good (in bed), giving (of pleasure, of indulgences), and game (for very nearly anything), aka GGG. And I frequently like to remind married people – particularly, married people who value monogamy – that they willingly assumed sole responsibility for their spouses' sexual fulfillment. That said, NEA, we are each entitled to our likes and dislikes.

But before I let you off the anal hook: I'm assuming that your all-caps emphasis – “NOT my bag,” “don't enjoy it AT ALL” – means that you find anal penetration to be a physical trial and/or an emotional torment. “I could TAKE IT OR LEAVE IT” or “There's nothing in that for ME” or “That leaves me COLD” are not good enough reasons to refuse to occasionally indulge your spouse in whatever it is that gets him/her off. While it would be wonderful if every couple's sex life consisted entirely of acts that both partners found equally thrilling – so egalitarian! So fairizes!

you're monogamous, grieve for the ass he isn't going to get anywhere else.

And speaking of anal ...

Nancy Elliott, a state representative in New Hampshire, wants to have same-sex marriage in that state – where it's been legal for less than three months – and here's her reasoning: “We're talking about taking the penis of one man and putting it in the rectum of another man and wiggling it around in excrement. And you have to think ... would I allow that to be done to ME?”

Where to begin? How about here ... If you're wiggling your penis around in excrement when you're having anal sex, Representative Elliott, you're doing it wrong. You would think this would be obvious even to people who've never had anal sex, but apparently not. So let me break it down for you, Representative Elliott: You don't have anal sex with an ass full of shit for the same reason you don't have oral sex with a mouth full

**ACCORDING TO A 2005 SURVEY CONDUCTED BY THE U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION, 40 PER CENT OF MEN AND 35 PER CENT OF WOMEN BETWEEN 25 AND 44 HAD ENGAGED IN HETEROSEXUAL ANAL SEX.**

I'll come around to liking it. I'm pretty GGG, Dan, but this is one thing where I draw the line. He thinks I'm being unreasonable; I think he is. Do I need to give in, or does he need to get off my back?

*Needing Expert Advice*

I think we should all be – as I've writ-

– a fulfilling sex life is too important, particularly for monogamous couples, to trust in coincidence alone. Okay, NEA, getting back to your ass: You tried it, you didn't like it, and you don't have to keep doing it. And, yes, your husband should stop pestering you about it, NEA, but you do have to let him grieve – grieve for the ass he isn't going to get from you and, if

of food. It's messy and no one wants a mess. (Except for the people who do want a mess, of course, but they're a blessed rarity.) An empty, doctored, and lubed anal cavity isn't that much drier than an empty, flossed, and brushed oral cavity.

I will concede that excrement is for anal what Representative Elliott is for the New Hampshire State Legislature: a PR disaster. But excrement-free anal sex is easy. Make sure there's some fibre in your diet, be regular, and only go for it when you're empty – no anal during your butt menses! – and you'll never get excrement on a single wiggled dick. And now a question for you, Representative Elliott: Are you really sure you want to make it illegal for buttfuckers to get married?

“According to a 2005 survey conducted by the U.S. Centers for Disease Control and Prevention,” a commenter whom I'm going to quote at length (hey, Baconcat!) wrote on a blog in reaction to Elliott's remarks, “40 per cent of men and 35 per cent of women between 25 and 44 had engaged in heterosexual anal sex. Some studies put the incidence of anal sex in the heterosexual population as low as 24 per cent and some as high as 56 per cent. Averaging those numbers, let's say 38.8 per cent of heterosexuals engage in anal sex. Ninety-six per cent of Ameri-

SAVAGE cont'd on p. 25

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Racers pass the radar speed indicator in the 25km speed skate marathon held at Hawrelak Park on Feb. 20, 2010 as part of the Silver Skate Festival. PHOTO BY IAN JACKSON/EPIC PHOTOGRAPHY

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